



2026-27

AHMEDABAD OBSTETRICS & GYNAECOLOGICAL SOCIETY

SEPTEMBER 2026

VOLUME 6

AOGS TIMES

तथास्तु



Theme: Innovate. Integrate. Inspire.
Motto: Skilled Hands, Sensitive Hearts.

President

Dr. Munjal Pandya

+91 97129 11784

munjal171184@gmail.com

Hon. Secretary

Dr. Arati Gupte

+91 96620 28127

arati2811@gmail.com

President - Elect
Dr. Mukesh Patel

Vice President
Dr. Shashwat Jani

Hon. Treasurer
Dr. Hetal Patolia

Hon. Jt. Secretary
Dr. Ashish Varma

Clinical Secretary
Dr. Darshan J. Shah

Managing Committee Members

Dr. Chintan K. Gandhi
Dr. Hardik Chauhan
Dr. Jayneel Shah
Dr. Jwal Banker
Dr. Kirtan Vyas
Dr. Nisarg Patel
Dr. Nisha Saumil Patel
Dr. Praful Panagar
Dr. Premal Shah
Dr. Viral J. Patel

Ex-Officio

Dr. Nita Thakre
Dr. Parth Shah

Co-opt Members

Dr. Hemant Bhatt
Dr. Parul Kotdawala

Special Invitee:

Dr. Phagun Shah
Dr. Dipes Dholakia
Dr. Jignesh Deliwala
Dr. Mehul Sukhadiya
Dr. Suresh Patel
Dr. Mukesh Savaliya
Dr. Mehul Damani
Dr. M. C. Patel
Dr. Kamini Patel
Dr. Akshay Shah
Dr. Dhruvi Prajapati

Editors :

Dr. Arati Gupte
Dr. Dhruvi Prajapati

LOVE

www.ahmedabadobgyn.org

*Love is
not just a feeling,
it's a way of being.*

પરિવાર ની શરૂઆત, *Sunflower* ને સાથ

Sunflower
Hospital
Infertility & IVF Centre, Ahmedabad

22,000+
Successful IVF Babies
16,000+
First Attempt Babies



ALL FACILITIES AVAILABLE UNDER ONE ROOF

- ♣ IUI | IVF | ICSI
- ♣ Donor Programs
- ♣ Sperm Retrieval (TESA / PESA / Micro-TESE)
- ♣ Laparoscopy & Hysteroscopy
- ♣ Blastocyst Culture & Embryo Freezing
- ♣ PGT-A | PGT-M | PGT-SR
- ♣ Ovulation Induction
- ♣ Male & Female Fertility Investigation
- ♣ 3D / 4D Sonography
- ♣ Maternity Care

OUR RECOGNITION



Bharat Ke Ratna Gujarat Se



TV9 Achievers Awards



Asia's Greatest Leaders 2017

📍 132 Ft. Ring Road, Opp. Traffic Police Helemnt, Memnagar, Ahmedabad
☎ 99780 78044 | ✉ corporate@sunflowerhospital.in

📍 New Naroda
☎ 90994 00221

📍 Gandhinagar
☎ 90994 00847

📍 Surat
☎ 99780 78044

📍 Navranpura
☎ 90994 02399

TEAM AOGS MESSAGE



President
Dr. Munjal Pandya



Hon. Secretary
Dr. Arati Gupte

Dear AOGS Family,

As we look back on September, our hearts are filled with gratitude. This month gave us many opportunities to learn, serve, celebrate and experience the warmth of belonging to AOGS.

Our Annual Conference on 19th and 20th September was a beautiful expression of that togetherness. Behind every session, every interaction and every thoughtfully arranged detail were people who gave their time, energy and affection to our society.

To our respected seniors and stalwarts, thank you for your guidance, encouragement and continued presence. To our younger colleagues and postgraduate students, thank you for bringing fresh ideas, enthusiasm and curiosity. To our faculty, delegates, organising committee, volunteers, office staff, event team and supporters, thank you for helping bring a shared vision to life.

“By AOGS. For AOGS.” became something we could feel throughout those two days. The discussions brought us together academically, while glass painting, the drum circle and

shared laughter allowed us to connect beyond our professional roles.

September also saw our members take health education into schools through the AOGS School Health Programme. The Photography Workshop gave us an opportunity to explore creativity and discover new ways of seeing the world. These activities reflect the many ways our members contribute to the life of our society.

Every contribution matters. Sometimes it is leading a session; sometimes it is quietly helping behind the scenes. Sometimes it is simply showing up with an open heart.

As we continue with “**Innovate. Integrate. Inspire.**”, we hope to keep creating opportunities where every member feels welcome, valued and involved.

Thank you for being there for AOGS—and for one another.

With warm regards and heartfelt gratitude,

Dr. Munjal Pandya
President, AOGS

Dr. Arati Gupte
Hon. Secretary, AOGS

EDITORIAL

Love in the Work We Do



Dear Readers,

“Love”, the theme on the cover of this issue, invites us to reflect on something that quietly shapes our lives as doctors: the care we bring to our work and to the people around us.

In a busy professional life, love often finds expression through small actions. It is the patience with which we listen, the reassurance we offer, the care we take in explaining a difficult decision and the respect we extend to a colleague.

It is also present in our willingness to share knowledge. A senior who guides a younger colleague, a teacher who welcomes questions and a member who makes time for community service all give something of themselves.

The pages of this September issue preserve glimpses of that spirit. Our Annual Conference brought colleagues and generations together for discussion, learning and fellowship. Alongside the scientific sessions, the creative activities and moments of laughter gave us space to meet one another as people.

The School Health Programme carried this care beyond our consulting rooms, creating opportunities to speak with young people about health and well-being. The Photography Workshop reminded us to pause, observe and make room for interests that enrich our lives.

Together, these experiences raise a worthwhile question: how can we carry the warmth of these shared moments into our everyday routines?

Perhaps by listening a little more patiently. By offering encouragement freely. By making room for someone who is new. By remembering that a thoughtful word or a small act of support can stay with a person long after the moment has passed.

Through Tathaastu, we hope to preserve these experiences and invite more members to share their voices, reflections and ideas.

May the love we feel for our profession find expression in the way we care for our patients, our colleagues and ourselves.

Warm regards,

Dr. Arati Gupte
Editor

Dr. Dhruvi Prajapati
Editor

PHOTOGRAPHY WORKSHOP - DATE : 06.09.2026



**AOGS SCHOOL HEALTH PROGRAMME
CONDUCTED BY DR. DISHA POPAT ON 11TH SEPTEMBER 2026 AT VANDANA SCHOOL**



**AOGS SCHOOL HEALTH PROGRAMME
CONDUCTED BY DR. RIDDHI MEHTA ON 17TH SEPTEMBER 2026 AT SHARDAMANDIR SCHOOL**



**AOGS SCHOOL HEALTH PROGRAMME
CONDUCTED BY DR. MANORANJANA SHAH ON 24TH SEPTEMBER 2026 AT PANKAJ VIDYALAY**



**AOGS SCHOOL HEALTH PROGRAMME
CONDUCTED BY DR. RIDDHI MEHTA ON 24TH SEPTEMBER 2026 AT SHREYAS SCHOOL**



**AOGS SCHOOL HEALTH PROGRAMME
CONDUCTED BY DR. DHRUMI PRAJAPATI ON 29TH SEPTEMBER 2026 AT DIWAN BALLUBHAI SCHOOL**



**AOGS SCHOOL HEALTH PROGRAMME
CONDUCTED BY DR. VAISHALI PATEL ON 29TH SEPTEMBER 2026 AT DAMUBHAI SHUKLA SCHOOL**



AOGS SCHOOL HEALTH PROGRAMME
CONDUCTED BY DR. SONAL KOTDAWALA ON 29TH SEPTEMBER 2026 AT DAMUBHAI SHUKLA SCHOOL



AOGS SCHOOL HEALTH PROGRAMME
CONDUCTED BY DR. HETAL PATOLIA ON 30TH SEPTEMBER 2026 AT NIRMALA NIKETAN MADHYAMIK SHALA



AOGS ANNUAL CONFERENCE 2026 - DATE : 19 & 20 SEPTEMBER, 2026 DAY 1



AOGS ANNUAL CONFERENCE 2026 - DATE : 19 & 20 SEPTEMBER, 2026 DAY 1



AOGS ANNUAL CONFERENCE 2026 - DATE : 19 & 20 SEPTEMBER, 2026

DRUM CIRCLE



AOGS ANNUAL CONFERENCE 2026 - DATE : 19 & 20 SEPTEMBER, 2026

GLASS PAINTING



AOGS ANNUAL CONFERENCE 2026 - DATE : 19 & 20 SEPTEMBER, 2026 STAND UP COMEDY



AOGS ANNUAL CONFERENCE 2026 - DATE : 19 & 20 SEPTEMBER, 2026 DAY 2



AOGS ANNUAL CONFERENCE 2026 - DATE : 19 & 20 SEPTEMBER, 2026 VALEDICTORY





LEADS THE LEGACY in HRT with

PROGYNOVA[®]

Estradiol valerate 1 mg & 2 mg tablets

ESTRADIOL – SIMPLY THE BODY'S OWN CHOICE

In management of HMB associated with
uterine fibroids in premenopausal women

ESTROGOLIX[™]

Relugolix 40mg + Estradiol 1mg + Norethindrone 0.5mg Tablet

Relief That *Keeps You Moving*



MAGNI KIND[®]
Magnesium Bisglycinate 250 MG + Vit.D3 600 IU Tablet

LACTARE[®]
(Each g contains: Lact)
Streptococci 37.5 mg, Glucose 2.0 mg, Vitamin K₁ 1.0 mg, Yeast Extract 2.0 mg, Chondroitin 1.0 mg, Inulin 1.0 mg, Gums 1.25 mg, Nigamycin 2.0 mg

SacroFlora[™]
Saccharomyces Cerevisiae CNCM I-3856 2.5 Billion CFU Capsules

OSSOPAN-XT[®]
Tablets
Calcium Carbonate 1250 mg + L-Methylfolate Calcium 1 mg + Methylcobalamin 1500 mcg + Pyridoxal-5-Phosphate 50 mg + Vitamin D3 2000 IU

Carni-Q[™] 300mg
Ubidecarenone Capsules USP 300 mg

MIPROGEN[®] SR 200 mg
300 mg
TABLETS
Micronised Progesterone

For the use of a Registered Medical Practitioner or a Hospital or a Laboratory use only.



262, Okhla Industrial Estate, Phase III, New Delhi - 110 020 www.mankindpharma.com

HBC

Inspiring life for a better tomorrow



Optimizing the power of knowledge, processes & innovation through our comprehensive product range, value-driven approach and dedication of our team, we aim at inspiring life for better tomorrow

An Initiative in Public Interest by The Makers of

MymiCal[®] | **Emuflora[™] BV**

SonoScape®

Technology Today • Healthier Tomorrow

SonoScape
Ultrasound Division

2D & AI Technology Advanced Ultrasound Solutions



Smarter
Diagnosis



Better
Imaging



Improved
Patient Care



Our Featured Models

P9 Elite

Compact Power
for Everyday Excellence



High Resolution
2D Imaging



Advanced AI Tools



Ergonomic Design



Wide Range of Probes

P25 Elite

Precision & Performance
for Confident Decisions



Excellent Image Quality



AI-Assisted Diagnosis



Intelligent Workflow



Versatile Applications

P40 Elite

Advanced Intelligence
for Greater Clarity



AI-Powered Workflow



Crystal Clear Imaging



Comprehensive
Clinical Solutions



Multiple Probe Options

S80 Elite

Premium Performance
for Complex Cases



AI Intelligent Platform



4D/5D Imaging



High-End Performance



Advanced Clinical Tools



AI
Technology



Reliable
& Durable



User Friendly
Interface



Excellent
Support

UNIQ HEALTHCARE

BETTER IMAGING | BETTER CARE

SonoScape Ultrasound Division

Authorised Dealer



M - 9825938976, 9106863613



Uniqhealthcare61@gmail.com



A Block 307, 3rd Floor, Signature 2,
Opp. Hotel Cross Way, Sarkhej Sanand Chowkdi,
Sarkhej, Ahmedabad-382210

Together for a Healthier Tomorrow

SonoScape



GE HealthCare

Voluson™

Introducing:

The new Voluson™ Performance 18 & 16 When you know, you know

Women's health ultrasound you'll fall in love with



AI and automation that
simplify your workflow

Are repetitive tasks taking up too much time and effort? Let the new Voluson™ Performance series handle the heavy lifting. Making it the perfect companion for your busy practice.



SonoLyst

is a suite of tools that leverage AI to identify fetal anatomy seen on standard views, then automatically annotates and measures where applicable.



Helps complete 2nd
trimester OB exams with
65% less keystrokes.*

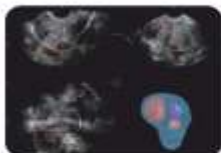


fetalHS

utilizes AI to help you confidently identify and evaluate complex fetal heart anatomy, and can



reduce exam time by
up to **48%.***



Fibroid Mapping

uses AI to standardize and streamline fibroid documentation by mapping, measuring, and classifying fibroids.



It help to successfully
segment fibroids in
88% of cases.



SonoPelvicFloor

automates plane alignment and measurements for more consistent, reproducible results—



cutting exam time by
up to **75%.***

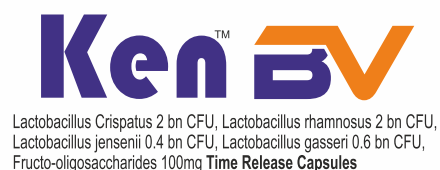
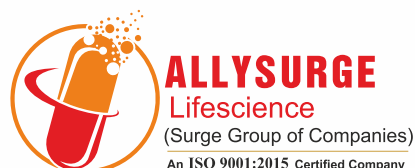


Scan QR code to know more

Voluson™ | A Healthier Future for Women

Voluson GEHC Ultrasound System. Wipro GE HealthCare Pvt Ltd, at No.4 Kadugodi Industrial Area, Whitefield, Bangalore, Karnataka, India - 560 067. Warnings, precautions for use and relevant contraindications of product: To use a diagnostic ultrasound machine effectively, ensure it is calibrated and disinfected. Apply conductive gel to the patient's skin and position the probe over the area of interest, adjusting the angle and settings to optimize image quality. Only trained professionals should operate the machine to ensure safe and accurate diagnostics. Also use of Doppler is not recommended in the early 1st trimester/upto 12 weeks of Pregnancy as it increases the thermal index. This material was created and reviewed on 11th September 2024. Additional information can be made available on request. ©2026 Copyright General Electric Company

Contact us - Naresh.Kaul@gehealthcare.com +91 90999 77109





ORGANIZED BY :

AHMEDABAD OBSTETRICS &
GYNAECOLOGICAL SOCIETY



**AOGS
ANNUAL
CONFERENCE
2026**

• Innovate • Integrate • Inspire

19 & 20 SEPTEMBER, 2026

VENUE : HYATT VASTRAPUR,
AHMEDABAD

OUR SUPPORTERS



GE HealthCare



Dr.Reddy's 

TORRENT
PHARMA

HBC
Inspiring life for a better tomorrow

SAMSUNG

SonoScape
Unlocking Life's Potential





ORGANIZED BY :

AHMEDABAD OBSTETRICS &
GYNAECOLOGICAL SOCIETY**AOGS
ANNUAL
CONFERENCE
2026**

• Innovate • Integrate • Inspire

19 & 20 SEPTEMBER, 2026

VENUE : HYATT VASTRAPUR,
AHMEDABAD**OUR SUPPORTERS****mindray****erbe****TORRENT
DIAGNOSTICS****Eris****CELAGENEX™**



Shukan Hospital

IVF CENTRE

LAPAROSCOPY • 4D SONOGRAPHY • MATERNITY



20 Years of Experience



Highly Skilled Clinical Team



12000+ Successful IUI+IVF Pregnancies



5000+ Laparoscopy & Hysteroscopy

OUR SERVICES

IUI

PESA

TESA

Micro TESE

IVF

ICSI

PGT

Surrogacy

Fetal Medicine Centre

Fertility Enhancing Laparoscopy



TRAINING CENTER



NABH CERTIFIED

DR. PRAKASH PATEL

Infertility & IVF Specialist

Diploma in Adv. Laparoscopy (France)

Diploma in Sonography (Croatia)

Center for Hands-on IVF Fellowship Program



SHUKAN HOSPITAL & IVF CENTRE

1st Floor, City Centre, Opp. Shukan Mall, Science City Road, Sola, Ahmedabad-380060
Mo. 70419 40220, 8320015625 | www.shukanhospital.com



MOTHERHOODTM
WOMEN'S & CHILD CARE HOSPITAL PVT. LTD.
IVF | ENDOSCOPY | NICU-PICU

Proud Academic Achievement Published in International Journal of Clinical Obstetrics & Gynecology



We are delighted to share that the case study by **Motherhood Women's & Child Care Hospital Pvt. Ltd.** has been successfully published

in the **International Journal of Clinical Obstetrics and Gynaecology**.

Published Research Topic:

Invasive versus Non-invasive PGT-A:

A Retrospective Comparative Study of Embryo Selection and IVF Outcomes in Women with Recurrent IVF Failure

Research By



Dr. Anand Patel

Consultant Gynaecologist & Obstetrician, IVF Specialist, Advanced Laparoscopic Surgeon



Dr. Prerana Shah

Senior Consultant Gynaecologist & Obstetrician, IVF Specialist

99049 96633 | 90990 74235



1st Floor, Sarjan Arcade, Science City Rd., Above Axis Bank, Sola, Ahmedabad,



SF-210-211, Shivalik Square, 132 Ft Ring Road Opp GSRTC Ranip, near Adani CNG Pump, Nava Vadaj, Ahmedabad





SERVICES OFFERED

IVF ■ ICSI ■ IUI ■ Blastocyst Culture ■ Laser Assisted Hatching ■ PGD - PGS, PGTA - PGTM, PGT SR ■ ERA ■ PRP
Stem cells ■ Egg/Embryo/Sperm Donation ■ Egg/Embryo/Blastocyst Freezing ■ Semen Bank ■ Surrogate Mother



Simple | Safe | Smart | Successful

Building Families
Technology - Trust

AHMEDABAD : **PALDI** - Opp. Manjulal Municipal Garden, Next to Adani CNG & Orion Building, Paldi Cross Roads, Ahmedabad-380007. Ph. 07940404646, 9879572298

SINDHUBHAVAN - SF-213 Stellar, Sindhubhavan Road, Nr. Pakwan # Road, Bodakdev, Ahmedabad-380059. Ph. 07940404666, 6357080136

NIKOL - 501, Hilltown Plaza, Near Amar Javan Circle, Nikol, Ahmedabad-382350. Ph. 07940404686, 9227114040

SURAT : 9th Floor, Param Doctor House, Lal Darwaja, Station Road, Surat-395003 Ph. 07940404622, 9879572247

VADODARA : 4th Floor, Trisha Square - 2, Sampatrao Colony, Opp. Gujarat Kidney Hospital, Jetapur Road, Alkapuri, Vadodara-390007. Ph. 07940404644, 7575099898

BHUJ : Spandan Maternity Home, Plot No. 13-28, Shivamnagar, Nr. Umanagar, Engi. College Road, Mirzapar Highway, Bhuj-Kutch-370040. Ph. 9687188550, 9687002283

BHAVNAGAR : Hema Women's Hospital, 203-205, 2nd Floor, Sai Ganga Building, B/s Rasoi Dining Hall, Kalubha Road, Bhavnagar-364001. Ph. 07940404677, 7069314040

MUMBAI : Ghatkopar - 2nd Floor, Vallabh Vihar, Next to Ramji Mandir, Nr. Rajawadi Signal, M. G. Road, Ghatkopar (E), Mumbai-77. Ph. 07940404611, 9328190146

Borivali / Vile Parle 9167204019, **Vashi** 9687004268, **Thane** 9167204018

ANAND : Iris Hospital Unit-2, Nani Khodiyar, Anand-388001. Ph. 7069034655, 7069074655

VARANASI : Bavishi Neo Fertility, S-15/47, Jamuna Sewa Sadan Hospital, Panchkosi Road, Shivpur, Varanasi, Uttar Pradesh-221003 Ph. 7069074646, 7069084646

E-mail : drbavishi@ivfclinic.com | Website : www.ivfclinic.com | WhatsApp : 9687422288

ALL CENTERS OFFER ALL FERTILITY TREATMENT UNDER ONE ROOF WITH INTERNATIONAL STANDARDS

Sneh Na Samachar

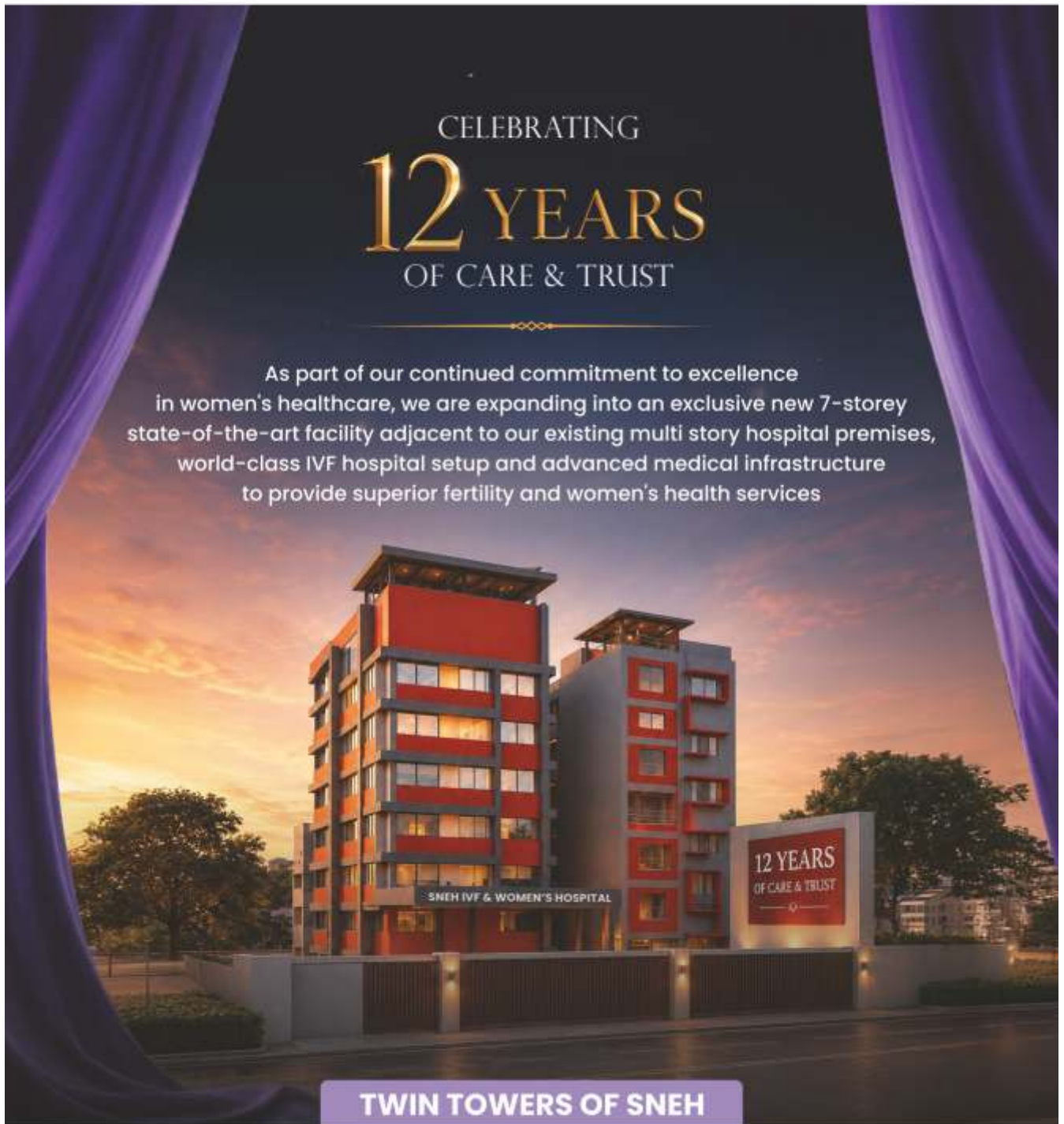
INDIA



NEWS

CELEBRATING 12 YEARS OF CARE & TRUST

As part of our continued commitment to excellence in women's healthcare, we are expanding into an exclusive new 7-storey state-of-the-art facility adjacent to our existing multi story hospital premises, world-class IVF hospital setup and advanced medical infrastructure to provide superior fertility and women's health services



TWIN TOWERS OF SNEH



Sneh IVF, Sneh Hospital Road, Between
Hatkeswar Circle to 7th Day School Road,
Maninagar East, Ahmedabad -08
7048-331-000 www.snehivf.com



Maninagar • Bopal • Gota
Prahladnagar • Vadodara
Jamnagar • Barmer