



2026-27

AHMEDABAD OBSTETRICS & GYNAECOLOGICAL SOCIETY

AOGS TIMES

वधुस्तु



APRIL 2026
VOLUME 1

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Dr. Arati Gupte
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Theme: Innovate. Integrate. Inspire.
Motto: Skilled Hands, Sensitive Hearts.



www.ahmedabadobgyn.org

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OUR RECOGNITION



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TEAM AOGS MESSAGE



President
Dr. Munjal Pandya



Hon. Secretary
Dr. Arati Gupte

Dear AOGS Family,

As we reflect on the beginning of this tenure, we do so with a sense of gratitude and quiet pride. The journey so far has been a collective one—shaped by participation, trust, and a shared intent to grow together. We also acknowledge with appreciation the strong foundation laid by the previous team, whose dedication and thoughtful initiatives have enabled a seamless transition and continued momentum. Their efforts have set a meaningful precedent that we are proud to build upon.

Over the past weeks, we have initiated meaningful academic and cultural engagements, including the launch of Gujarati translations of FOGSI consent forms and ART consent forms, fostering accessibility and inclusivity in our practice. Our CMEs have been thoughtfully structured to go beyond routine learning—integrating postgraduate teaching, clinical depth, interactive quizzes, and the introduction of AI and technology into everyday practice. Alongside academics, initiatives in wellness, language, arts, and community bonding have begun to create a more holistic professional environment.

These efforts are guided by our core vision—Innovate. Integrate. Inspire.—where learning is not isolated, but interconnected; where growth includes not just knowledge, but empathy, culture, and wellbeing.

Looking ahead, our focus remains clear. We aim to strengthen academic resources through libraries, journals, fellowships, and practical algorithm-based learning tools. Skill-building workshops and clinical modules will continue to empower hands-on expertise. At the same time, we are committed to nurturing life beyond medicine—through creative platforms, wellness initiatives, and opportunities that bring members and their families closer together.

Above all, we strive to build a society that is not just academically strong, but emotionally connected—where every member feels engaged, valued, and inspired.

We express our heartfelt gratitude to our governing body, our members, and our families—the silent pillars behind every step forward.

Season's greetings to all—may this year bring growth, balance, and fulfilment in every sphere of life.

• *Skilled Hands. Sensitive Hearts.* •

AOGS TEAM 2026-27



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Dr. M. C. Patel



Dr. Kamini Patel



Dr. Akshay Shah



Dr. Dhrumi Prajapati

CME : 12.04.2026



INSTALLATION CEREMONY : 19.04.2026



INSTALLATION CEREMONY : 19.04.2026



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INSTALLATION CEREMONY : 19.04.2026



CONGRATULATIONS TO THE WINNERS OF THE MOBILE PHOTOGRAPHY CONTEST:



COMPETITION 2026 - 27

1) Dr. Shirish Naik

2) Dr. Nita Mishra

3) Dr. Chintan Gandhi, Dr. Juhi Patel

A special thanks to our Judge, Ms Meghna Sejpal for sharing her time and expertise with us!

FIRST

● WINNERS PHOTOS ●

Dr. Shirish Naik



Theme : Travel - Surya Mandir, Modhera

SECOND

Dr. Nita Mishra



Theme: Travel

Caption: "LIFE TOO NEEDS ADJUSTMENT TO BE ACCOMMODATED"

THIRD

Dr. Chintan Gandhi



Theme: Travel

Story: Eternal peace is what one feels when he/she is with supreme power!

THIRD

Dr. Juhi Patel



Theme: Story from the streets.

Caption: Lost somewhere between bridges and big dreams!

INTEGRATED MICROBIOTA IN VAGINAL HEALTH: A NOVEL THERAPEUTIC PARADIGM WITH MYCOBIOME



Dr. Phagun Shah

Introduction

The human microbiome is a dynamic ecosystem essential for immunity, metabolism, and mucosal integrity.¹⁻³ In women, the gut–vaginal axis enables bidirectional interactions, where intestinal microbiota influence vaginal composition via immune and hormonal pathways.^{2,4} Lactobacillus-dominant vaginal microbiota maintain acidic pH and protect against pathogens, while disruption (dysbiosis) predisposes to vulvovaginal infections, including bacterial vaginosis and candidiasis.^{5,6}

Despite antimicrobial therapy, recurrence remains high due to biofilms and failure to restore microbial balance.^{7,8} The gut reservoir hypothesis, linking intestinal *Candida* to recurrence, highlights the need for systemic microbiome-targeted strategies.^{9,10} This supports a shift from pathogen eradication to microbiome restoration.

Saccharomyces cerevisiae CNCM I-3856

- *Saccharomyces cerevisiae* CNCM I-3856 is a clinically characterized probiotic yeast strain, distinct from bacterial probiotics due to its eukaryotic structure and metabolic properties.¹¹
- Probiotic effects are strain-specific therefore, CNCM I-3856 has been selected based on stability, safety, and targeted antimicrobial activity.¹¹
- Compared to bacterial probiotics, yeast-based probiotics demonstrate several advantages:
 - Exhibit intrinsic resistance to antibacterial antibiotics, allowing concurrent administration.¹²
 - They show enhanced survival in gastric and bile environments, ensuring better bioavailability.¹³
 - They possess thermal stability, reducing dependence on cold-chain storage.¹³
 - They demonstrate competitive but transient colonization, sufficient to exert therapeutic effects.¹²
- These characteristics position CNCM I-3856 as a complementary or adjunctive probiotic strategy, particularly in recurrent and treatment-resistant infections.

Mechanism of Action

Direct Anti-pathogenic Effects

- CNCM I-3856 inhibits adhesion of pathogens such as *Candida albicans* and *Gardnerella vaginalis* to epithelial cells.¹¹
- It prevents yeast-to-hyphal transition, a key virulence factor in candidiasis.¹¹
- It reduces expression of virulence-associated enzymes (e.g., secreted aspartyl proteases), thereby limiting tissue invasion.¹¹
- It disrupts biofilm formation and promotes co-aggregation with pathogens, facilitating their clearance.¹¹

Immunomodulatory Effects

- The strain reduces pro-inflammatory cytokines such as interleukin-8 (IL-8) and modulates neutrophil recruitment.¹¹
- It enhances innate immune responses, thereby improving host defense against microbial invasion.¹¹
- Yeast cell wall components such as β -glucans contribute to immune activation and barrier protection.¹⁴

Gut–Vaginal Axis Modulation

- Oral administration of CNCM I-3856 supports gut microbiota balance and reduces intestinal pathogen reservoirs.¹⁵
- CNCM I-3856 activates PPAR- α in intestinal epithelial cells, leading to reduced visceral hypersensitivity, modulation of nociceptive signaling, and downregulation of pro-inflammatory cytokines.¹⁵
- It supports gut microbiota driven production of short-chain fatty acids (SCFA), which enhance epithelial barrier integrity, exert anti-inflammatory effects, improve gut motility, and contribute to microbiome restoration.¹⁶

Postbiotic Activity

- Both live and inactivated yeast components exhibit biological activity, including antimicrobial and anti-inflammatory effects.¹⁴
- Postbiotic metabolites contribute to epithelial integrity, pathogen inhibition, and microbiome homeostasis.¹⁴

Clinical Evidence for *Saccharomyces cerevisiae* CNCM I-3856

Therapeutic area	Total population	Key clinical findings
Gut Health (IBS) ¹⁷⁻²⁰	>700 patients across multiple RCTs and prospective studies (IBS-C, IBS-D, IBS-M)	<ul style="list-style-type: none"> Significant improvement in abdominal pain vs placebo (up to 63% vs 47% responders). Add-on therapy showed greater reduction in pain and improved stool consistency (p<0.001). Strongest efficacy in IBS-C subgroup with higher responder rates (45.1% vs 33.9%) and improved quality of life. Additional RCT evidence supports improvement in pain and bloating, especially in constipation-predominant IBS.
Vaginal Health (VVC / dysbiosis) ²¹⁻²⁴	70+ patients (RCTs, retrospective and real-world studies)	<ul style="list-style-type: none"> Reduction in vaginal Candida load (57% vs 33% placebo) and 54% reduction in recurrence risk. Significant improvement in clinical symptoms and signs (p<0.0001). Higher microbiological clearance (90% vs 60%) with adjunct therapy. Evidence supports gut-to-vaginal migration, indicating systemic probiotic activity.

Dose and Duration of *Saccharomyces cerevisiae* CNCM I-3856

- Based on clinical study regimens, *S. cerevisiae* CNCM I-3856 therapy may include 500 mg once daily (2.5×10^9 CFU) for 4–8 weeks, including use as an adjunct to antifungal therapy during initial 7 days in VVC.²¹
- In IBS, *S. cerevisiae* CNCM I-3856 has been evaluated at 4×10^9 CFU or 8×10^9 CFU once daily for 8–12 weeks, along with standard therapy, demonstrating improvement in abdominal pain and overall symptoms.¹⁷⁻²⁰

Safety Profile

- Saccharomyces cerevisiae* CNCM I-3856 are classified as Generally Recognized As Safe (GRAS) organisms by US FDA.²⁵
- No significant safety concerns in general populations.²⁵
- In lactating women, *Saccharomyces cerevisiae* has shown no significant differences in adverse effects have been observed compared to placebo.²⁶
- Mild gastrointestinal symptoms such as diarrhea may occur but are generally self-limiting.¹⁷⁻²⁰
- Studies *Saccharomyces cerevisiae* in metabolic conditions, including diabetes, have shown good tolerability.^{27,28}

Conclusion

- Vulvovaginal infections are highly recurrent, paradigm shift from pathogen eradication to microbiome restoration is need of the hour.
- CNCM I-3856 offers a novel yeast-based probiotic approach with dual gut and vaginal activity, anti-biofilm and antipathogenic mechanisms, immunomodulatory effects, favorable safety profile across diverse populations.
- Integration of CNCM I-3856 into clinical practice may enable preventive, personalized, and recurrence-reducing strategies in women's health.

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AOGS Mind Care Campaign

"Because Caring for Minds is as Important as Caring for Bodies..."



Let's Talk. Let's Heal. Let's Support.

Ahmedabad Obstetrics & Gynecological Society (AOGS) presents a compassionate initiative for mental well-being

What is Mind Care Campaign?

- Emotional well-being of doctors & healthcare workers
- Managing stress, burnout & anxiety
- Promoting positivity, resilience & inner strength

What We Offer

- Mindfulness & stress-relief guidance
- Emotional support & listening space
- Expert guidance from professionals
- Activities promoting mental wellness

Our Message

"Strong minds build stronger healers..."



Join the Movement

Stay Connected | AOGS 2026-27



Anonymity as well as Professional Confidentiality will be considered Utmost Priority and Followed.

This initiative is to hear, understand and guide regarding the issues and not treat them... We are here to support the professionals...



You can send your queries/questions at following email ID:

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✓ We've a professional psychiatrist giving his guidance for the said purpose:

Dr. Jyotik Tarak Bhachech
Psychiatrist
Safalya Mind and Body Clinic, Ahmedabad



Feel free to create a separate email ID in case of any doubts of identity...

Thank you!

Team AOGS 2026-27

AOGS WELLNESS 2026: MINDFULNESS FOR HEALERS

PROGRESSIVE 4-WEEK PROGRAMME

Week 1	2 min/day	4s	8s	4-7-8 Breathing The Beginner's Anchor
Week 2	4 min/day	4s inhale	4s hold	4-7-8 + Box Breathing Morning + in-between Cases
Week 3	7 min/day	4s exhale	4s hold	4-7-8 + Body Scan Add 5-min Post-OR Body Scan
Week 4	10 min/day	Full Practice	Gratitude Journal	Morning Ritual + Daily Gratitude

THE SCRUB-ROOM SPECIAL (2 Minutes, Eyes Open)

Step 1 Focus on water and brush sensation

Step 2 IN 4 counts, HOLD 4 counts, OUT 6 counts (repeat 5X)

Step 3 Pause at OR door for 3 seconds. "I am focused, I am present, I am enough."

Step 4 Walk in.

Disclaimer: Do breathing exercise responsibly! #AOGSFit2026 #RiseAndRoot #WeHealToo

Rise & Root



- Hydrate
- Rest Better
- Find Stillness
- Walk More
- Move Daily
- Eat Cleaner

An initiative lead by

Dr. Chintan Gandhi | Dr. Ankita Jain

Dr. Munjal Pandya | Dr. Arati Gupte
President, AOGS | Hon. Secretary, AOGS

— Team AOGS | #AOGSFit2026 —



'Read a page everyday' Challenge....

HELLO EVERYONE,

We're starting a unique challenge for all of us. Read at least one page everyday and build the habit of reading into our lives!

CHALLENGE CRITERIA:

- 1 Read at least one page everyday
- 2 Make a note of it either in your mobile note or physical diary
- 3 Every month, on 12th, review your own commitment
- 4 There are no prizes or awards, but there surely is a reward: *Entry of habit of reading in our lives...*

"The more you read, the more things you will know. The more that you learn, the more places you'll go."
— Dr. Seuss

MONTHLY READING TRACKER

Tick (✓) the box after reading at least one page each day.

— MONTH: **APRIL 2026**

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Best wishes and Happy reading! Team AOGS 2025-27



Gynec & Media CONNECT

BUILDING TRUST. SHARING KNOWLEDGE. SERVING WOMEN BETTER.

In today's world, media plays a powerful role in shaping public understanding of women's health.

To help us communicate with clarity, confidence and responsibility, AOGS Media Cell brings together experienced gynecologists and a media expert.

"When the world is listening... let's speak with clarity, dignity and responsibility."

WHAT QUESTIONS DO YOU HAVE?

Share the situations or doubts you want guidance on.

- ROUTINE AWARENESS
- CRISIS SITUATIONS
- MEDICO-LEGAL CONCERNS
- ON-CAMERA COMMUNICATION
- HANDLING MISQUOTES / MEDIA PRESSURE

Your input is valuable. You may share anonymously if you wish.

EXPERTS WE'VE

- DR. HEMANT BHATT
- DR. SURESH PATEL
- DR. MUKESH SAVALIYA

DR. MUNJAL PANDYA, President, AOGS | DR. ARATI GUPTA, Hon. Secretary, AOGS

SEND YOUR QUESTIONS TO office@ahmedabadobgyn.org *Let's learn together!*

STRONGER TOGETHER. CLEARER COMMUNICATION. BETTER HEALTH FOR ALL.
An AOGS Media Cell Initiative



AWARE TODAY, EMPOWER TOMORROW.

Knowledge today. Health for a lifetime.

INTERACTIVE SESSIONS for College Girls & Female Faculties

Be informed. Take charge. Protect your future.

Expert Talks | Open Discussions | Myth Busting | Your Health Your Future

KNOW. PREVENT. PROTECT.

PAP'S SMEAR

A simple screening test that can detect early changes in the cervix before they turn serious.

EARLY DETECTION CAN SAVE LIVES.

HPV TESTING

Detects high-risk HPV infections that can lead to cervical cancer.

KNOWING TODAY, PROTECTS TOMORROW.

HPV VACCINE

A safe and effective vaccine that protects against the most common cancer-causing HPV types.

VACCINATE TODAY, SAFEGUARD TOMORROW.

BE INFORMED. BE EMPOWERED. Be the change.

Interactive awareness sessions will be organized in your college. Open to all college girls and female faculties. Participate, learn and get exciting takeaways!

Your voice. Your health. Your future. *Own it.*

Dr. Phagun Shah | Dr. Anjana Chauhan | Dr. Viral Patel | Dr. Mona Shah
Dr. Munjal Pandya, President AOGS | Dr. Arati Gupta, Hon. Secretary AOGS
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Breathing FOR AOGS 2026

Breathe Better. Think Better. Care Better.

WHY BREATHING?

- Enhances brain function & focus
- Supports emotional balance
- Improves overall well-being
- Simple, powerful and always with you

YOUR BREATH IS YOUR SUPERPOWER

BREATHING TECHNIQUES

- DIAPHRAGMATIC BREATHING**: Inhale deep, exhale slow. Calms the mind and body.
- BOX BREATHING**: Inhale 4 sec. Hold 4 sec. Exhale 6 sec. Hold 4 sec. Reduces stress, improves focus.
- NAZI SHODHANA (ALTERNATE NOSE BREATHING)**: Balances energy, enhances clarity.
- MINDFUL BREATHING**: Be present. Observe. Breathe. Builds awareness and calm.

WHEN TO USE?

- Before a Presentation
- During a Busy Clinic Day
- Between Meetings
- Before Surgery or Procedures
- Before Sleep
- Whenever You Need a Boost

BENEFITS FOR YOU

- Better Focus & Productivity
- Reduced Stress & Anxiety
- More Energy & Stamina
- Emotional Resilience
- Improved Patient Care & Empathy
- Enhanced Overall Well-being

Take a Breath. Make a Difference.
When we breathe better, we think better, feel better and care better. **BREATHE TODAY, THRIVE TOMORROW.**

AOGS 2026 LEARN · CONNECT · INSPIRE

"Pause. Breathe. Reset. You've got this."

Disclaimer: Do Responsibly!

MEDICAL QUIZ

Q1.

A 32-year-old G2P1 at 34 weeks presents with BP 150/100 mmHg and proteinuria. What is the most appropriate next step?

- A. Immediate delivery
- B. Start MgSO₄
- C. Antihypertensives and expectant management
- D. Steroids and discharge

Q2.

Which is the most common cause of secondary postpartum hemorrhage?

- A. Uterine atony
- B. Retained products
- C. Coagulopathy
- D. Uterine rupture

Q3.

Which drug is contraindicated in breastfeeding?

- A. Ibuprofen
- B. Metformin
- C. Methotrexate
- D. Paracetamol

Q4.

Most common cause of primary amenorrhea with normal secondary sexual characters:

- A. Turner syndrome
- B. MRKH syndrome
- C. Gonadal dysgenesis
- D. PCOS

Q5.

Most common site of ectopic pregnancy:

- A. Isthmus
- B. Ampulla
- C. Interstitial
- D. Ovary

Q6.

A woman with previous LSCS presents with placenta previa and multiple lacunae on USG.

Most likely diagnosis?

- A. Placenta accreta
- B. Placenta increta
- C. Placenta percreta
- D. Placental abruption

Explanation: Lacunae + previa + scar = PAS, commonly accreta.

Q7.

Which is the most specific MRI finding of adenomyosis?

- A. Thickened junctional zone >12 mm
- B. Myometrial cysts
- C. Uterine enlargement
- D. Heterogeneous myometrium

Q8.

A 28-year-old woman with infertility has bilateral hydrosalpinx. Best management before IVF?

- A. Antibiotics
- B. Salpingostomy
- C. Salpingectomy
- D. Tubal cannulation

Q9.

Which condition is most associated with Asherman syndrome?

- A. PID
- B. Repeated curettage
- C. Endometriosis
- D. Fibroids

Q10.

Most common complication of monochorionic twins:

- A. IUGR
- B. TTTS
- C. Preterm labor
- D. Cord prolapse

Answer Key : 1.C. 2.B. 3.C. 4.B. 5.B. 6.A. 7.A. 8.C. 9.B. 10.B.

READER'S CORNER

“When Breath Becomes Air” is not just a memoir—it is a profound meditation on life, identity, and mortality. Written by Paul Kalanithi, a neurosurgeon diagnosed with terminal lung cancer at the peak of his career, the book captures the fragile transition from being a doctor to becoming a patient.

A Journey from Certainty to Vulnerability

Kalanithi’s life was rooted in science, logic, and precision. As a neurosurgeon, he operated at the delicate intersection of life and death. Yet, when cancer entered his own body, the certainty he once held dissolved into uncertainty.

The shift is striking—
From “How do I save this life?”

To “What makes my life worth living?”

This transition forms the emotional and philosophical core of the book.

Medicine Meets Meaning

What makes this book especially powerful is how it blends medicine with philosophy. Kalanithi doesn’t just describe illness—he explores what it means to live meaningfully when time is limited.

He reflects on:

- * The purpose of a life dedicated to healing
- * The weight of responsibility carried by physicians
- * The search for identity beyond professional roles

For someone in medicine, this book feels deeply personal—it speaks to the silent questions many doctors carry but rarely voice.

The Beauty of Acceptance

Despite the inevitability of death, the narrative is not about despair. It is about clarity. Kalanithi writes with remarkable grace about accepting mortality—not as defeat, but as truth.

His decision to continue working, to become a father, and to live intentionally even in the face of death, reflects a quiet courage that stays with the reader long after the book ends.

The Final Chapter: A Voice Beyond Life

The epilogue, written by his wife, adds an emotional depth that completes the story. It transforms the book from a personal journey into a shared human experience—of love, loss, and legacy.

Final Thoughts

When Breath

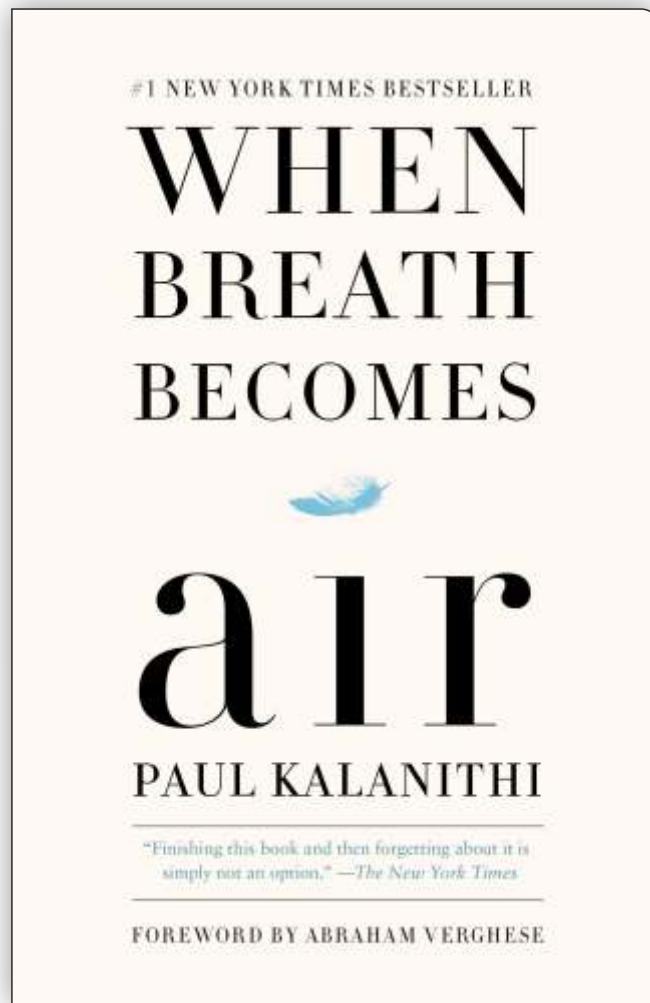
Becomes Air reminds us that:

Life is not measured in years, but in meaning.

It gently asks us:

- * Are we truly living, or just existing?
- * What gives our life purpose when titles fade away?

This is a book that doesn’t just get read—it gets felt.





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Dr. Anand Patel & Team performed the breakthrough surgery.

Microwave Ablation of Focal Adenomyoma
 A Fertility-Preserving Treatment Option

Patient Symptoms

- Dysmenorrhea
- Dyspareunia
- Heavy menstrual bleeding
- Impaired quality of life with difficulty in planning conception



Procedure

Ultrasound-guided microwave ablation of focal adenomyoma was performed as a minimally invasive, uterus-preserving technique in a patient desiring future fertility.

Outcome After Surgery

- Significant reduction in menstrual pain and bleeding.
- Rapid symptomatic improvement
- Progressive reduction in uterine volume
- Uterus achieved near-normal size within 3-6 months, as reported in published studies
- No distortion of the uterine cavity

Fertility Outcome

- Restoration of a more favorable uterine environment
- Improved implantation potential
- Pregnancy planning is generally advised after complete uterine healing, typically after 6 months
- Encouraging fertility outcomes have been reported in appropriately selected patients

About the Microwave Ablation System

- Delivers high-frequency thermal energy for precise ablation of adenomyotic tissue
- Preserves surrounding healthy myometrium
- Performed under real-time ultrasound guidance
- Minimally invasive with reduced recovery time



“Microwave ablation offers an effective, fertility-sparing alternative for the management of focal adenomyoma in women wishing to conceive.”

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VADODARA : 4th Floor, Trisha Square - 2, Sampatrao Colony, Opp. Gujarat Kidney Hospital, Jetalpur Road, Alkapuri, Vadodara-390007. Ph. 07940404644, 7575099898

BHUJ : Spandan Maternity Home, Plot No. 13-28, Shivamnagar, Nr. Umanagar, Engi. College Road, Mirzapar Highway, Bhuj-Kutch-370040. Ph. 9687188550, 9687002283

BHAVNAGAR : Hema Women's Hospital, 203-205, 2nd Floor, Sai Ganga Building, B/s Rasoji Dining Hall, Kalubha Road, Bhavnagar-364001. Ph. 07940404677, 7069314040

MUMBAI : Ghatkopar - 2nd Floor, Vallabh Vihar, Next to Ramji Mandir, Nr. Rajawadi Signal, M. G. Road, Ghatkopar (E), Mumbai-77. Ph. 07940404611, 9328190146
Borivali / Vile Parle 9167204019, Vashi 9687004268, Thane 9167204018

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VARANASI : Bavishi Neo Fertility, S-15/47, Jamuna Sewa Sadan Hospital, Panchkosi Road, Shivpur, Varanasi, Uttar Pradesh-221003 Ph. 7069074646, 7069084646

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NEWS



1 MAY 2026

Research Recognition at ESHRE 2026, London

We are proud to announce that two of our research papers have been accepted for poster presentation at the prestigious European Society of Human Reproduction and Embryology Annual Meeting in London. This accomplishment reflects our unwavering commitment to scientific excellence and our growing contribution to the global reproductive medicine community. We warmly invite delegates attending ESHRE in London to connect with us and learn more about our research.

Global Leaders @ Sneh IVF Leadership that Inspires



Academic exchange remains fundamental to our culture. We were honored to host Dr. Steve Levit, embryologist who has successfully managed IVF laboratories across the UK & Canada.

We were equally privileged to welcome Dr. Sabela Garcia, Senior Embryologist from Spain. Her visit led to an enriching scientific discussion on ultra-fast Vitrification, which is one of the most exciting emerging advancements in assisted reproductive technology. They highly appreciated our state-of-the-art laboratory, advanced ART practices, and the expertise of our embryology team.



We are immensely proud to announce that our Director and HOD, Dr. Nisarag Dharaiya, has been formally installed as a vice secretary of the Gujarat Chapter of the Indian Fertility Society, one of the most prestigious leadership positions in the field of reproductive medicine. This remarkable honor is a testament to his outstanding contributions, visionary leadership, and unwavering dedication to advancing fertility care and education.

Further strengthening this proud moment, Dr. Dharaiya continues to serve as convener of a Special Interest Group. Adding to this proud milestone, Dr. Ushma Patel has been appointed as Co-Convener in SIG PID. These distinguished appointments underscore the involvement of our role in academic excellence.



Expanding the horizons of education, our academy ISAART has opened its doors for national and international embryology training. We were privileged to host Dr. Richard ElikPklim, Founder and Executive Director of Kratos Medical Fertility Center and PMC Health, Africa, for an intensive three-month embryology fellowship. His experience at our center highlighted the strength of our state-of-the-art infrastructure, structured training modules, and hands-on academic environment. As we continue to nurture the next generation of fertility specialists, we remain committed to sharing knowledge across borders and shaping the future of reproductive medicine worldwide.

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