

Recent facts and trends: impact of IDA on fertility and women's health By Dr. Sujal Munshi

Low iron is a major global health concern among reproductive-aged women, with iron-deficiency anemia (IDA) causing nearly 20% of maternal deaths worldwide (World Health Organization, 2009). Global and local efforts to improve iron status among reproductive-aged women have failed to make significant impacts on the burden of anemia. Iron is a critical indicator of reproductive ability low iron stores put women at risk for subfertility, early pregnancy loss and increased risk of peripartum morbidity and mortality during reproduction. Right form of supplement at right age and stage of reproductive life can go long way in reducing all this consequences and giving better quality of life during and after reproductive years.