



Pir Kamal Urf Malik Alim Ki Masjid



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TEAM AOGS MESSAGE



Dr. Jayprakash Shah
President



Dr. Kamini Patel
Hon. Secretary



Different Spices makes the food tasty

**"We miss a pinch of salt in the curry and we have an awful feeling of being "lost"
We miss a pinch of garam masala in the pani puri and feel like killing the person
We miss a pinch of tadka in the dal and we regret taking life on this planet"**

That is what food means to us and that is the importance of spices in our life.

Similarly the happiness, grumpiness, laughter, anger, love, passion, care, unhappiness, excitement all are the spices of life .

Having sadhi khichdi daily is boring, life needs a little bit of vaghareli khichdi or achari khichdi or lasanya khichdi to suffice the taste buds and to make your little baby heart happy.

Do not have a set back in life due to some kadvi laung, always look out for the sweet jalebis that come in our way and live for the jalebis.



The month of November- December was a fruitful month with the most successful event of PCO- Walkathon by Bayers company. Presence of RJ Devki and morning session of Zumba helped us all to have a blast start for the upcoming week.

"From AOGS we wish to have all to have the best end to this year"

CME : 14 - AOGS CME at Israel - Date : 16.11.2018 - Friday



Face of Confidence Walkathon
Date : 02.12.2018

AOGS-AMA PG Lecture Series 2019



Time	21/11/2019 Monday	22/11/2019 Tuesday	23/11/2019 Wednesday	24/11/2019 Thursday	25/11/2019 Friday	28/11/2019 Monday	29/11/2019 Tuesday
7:30-8:30 pm	GTD Dr Ava Desai	ART Dr Kamini Patel	CA Ovary Dr Pariseema Dave	Vulva Non Malignant & Malignant Lesions Dr Shilpa Patel	CA Cervix Dr Meeta Mankad	CA Endometrium Dr Bijal Patel	Rh Negative Mother Dr Prashant Acharya
Break 15 min							
8:45-9:45 pm	Male Infertility Diagnosis & Management Dr C B Nagar	Difficulties in LSCS Dr Parul Kotdavalva	PCOS Dr Manish Banker	Adolescent problems & Various Programs of Government Dr Rajal Thaker	Pelvic floor Dr Amiya Mehta	MTP PC-PNDT Dr Geetendra Sharma	Instrumental Delivery Dr Hareesh Doshi
<p>Program co-ordinators Dr Rajal Thaker – Dr Shashwat Jani Dr Munjal Pandya – Dr Kamlesh Jagwani</p> <hr/> <p>Prior Registration is Mandatory</p>							

CME : 15 - HIGH RISK PREGNANCY SYMPOSIUM

Date : 6th January, 2019 - Sunday

Venue : Venue : Hotel Radisson Blu, Panchwati, Ahmedabad

8:30 AM	REGISTRATION & BREAKFAST
9:15 AM	Review of Heart Disease in Pregnancy - Prof. Uri Elkayam
9:45 AM	Q & A session
10:00 AM	Update on GDM Management - Dr. Vivek Patel
10:15 AM	Approach to Thrombocytopenia in Pregnancy - Dr. Sneha Baxi
10:30 AM	ABG for Obstetricians - Dr. Bhavin Dalal
10:45 AM	Approach to Elevated Transaminases - Dr. Devang Patel
11:00 AM	Lifestyle Modifications for Doctors - Dr. Anish Chandarana
11:15 AM	TEA / COFFEE BREAK
11:30 AM	Rheumatological Disorders : Do's and Don'ts - Dr. Puja Srivastava
11:45 AM	Surveillance of Growth Restricted Fetus - Dr. Jayprakash Shah
12:00 PM	IVF Pregnancy : Is Management Different ? - Dr. Mehul Damani
12:15 PM	Panel Discussion: Critical Care Obstetrics
	Moderator -Dr. Alpesh Gandhi / Dr. Devang Patel
	Panelist: Dr. Akshay Shah/ Dr. A U Mehta/ Dr. Ajit Rawal/ Dr. Tushar Shah/ Dr. Yamini Trivedi/ Dr. Bhagyesh Shah
01:15 PM	LUNCH



Prof. Uri Elkayam - MD - USA

- Professor of Medicine, University of Southern California, Los Angeles, California
- Professor of Medicine and Professor of Obstetrics and Gynecology
- Internationally known expert in heart failure and heart disease in pregnancy.
- On the Editorial Board of American Journal of Cardiology, Cardiology, Cardiology in Review, Heart amongst others
- Authored innumerable articles, books and book chapters

Pir Kamal Urf Malik Alim Ki Masjid - Dani Limda, Ahmedabad

The mosque known as Pir Kamal Masjid, or formerly as Malik Alam Masjid, is a large mosque in what was once a suburban village to the south of the historic walled city of Ahmedabad, now a neighborhood in the greater urban area. Stylistically, the mosque dates to the middle of the fifteenth/ninth century AH.

The mosque is a rectangular building enclosed on three sides and mostly open on its fourth, eastern facade. The east facade consists of a central portal and two side wings. The central portal consists of a large archway framed by two stout minarets. In older photographs, a chhatra (pavilion with four columns and a roof) surmounts the arched opening. The minarets once rose well above the level of the roof, but were shortened after being compromised in an earthquake during the nineteenth/thirteenth century AH. Flanking this central block are two open colonnades of four pairs of columns each that give access to north and south wings of the prayer hall.

Five large domes cover bays in the center of the prayer hall. These domes are supported by twelve pillars each and are separated from one another by the space of an aisle and from the qibla wall and entrance facade by an aisle. The central dome is carried on a second story that rises higher than the ones to its north and south. This second story is a gallery open to the exterior. Five mihrabs mark the qibla on the western wall in line with the large domed bays. Windows on the side walls and qibla wall admit additional light to the depths of the hall.

Sources: Burgess, James. The Muhammadan Architecture of Ahmadabad. Part I - A.D. 1412 to 1520, 26-28. Archaeological Survey of Western India. London: William Griggs & Sons, 1900

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ISRAEL EXPERIENCE

Destination Israel is wonderful idea. So as soon as I read the announcement immediately booked Bharat and myself were first to pay.

Wonderful trip enjoyed too much. though this is my first active affiliation to AOGS enjoyed maximum
Managed well.

We really loved Israel and Jews who have suffered and suffered only

- Dr. Manoranjana Shah

It was a nice Israeli experience. Was afraid of terror being heard from many people.

But as madam Kaminiben and Bharatbhai assured us we joined.

With a finished successful trip with so many nice beautiful learned senior & other friends we had a memorable experience. Several ideas as mini CMEs and odd places to be toured by Dr Parulbhai, "how to take Selfies" by Dr Lataben, how to manage group (as sinking boat initially) by Dr Rajalben, blessings by Dr Devindraben & Dr Manoranjanaben, academic knowledge experience by Dr Sunil Shah and Dr Tusharbai etc were a icing on a cake.

God Jesus blessed us without any illness to senior citis and accidental injuries to any as Lord knows we are in god's country.

Anything odd written and forgotten.

Please,

Dr. Geeta - Dr. Ashok Agarwala

Thanks a lot from the bottom of my heart to all the lovely members of AOGS for making this a memorable trip for us

Dr. Meena Vishwakarma

Wonderful experience with AOGS tour.

Thanks rajalben, sunilbhai,

lataben and team

Never felt like an alien

Wow like to inspire Association of pediatrician s of Ahmedabad to do such tour

Dr. Rajesh Trivedi

Hello everyone

It was wonderful, memorable trip, enjoyed a lot.

Nice to meet & spending time with all AOGS teammates & respected teachers.

Nice to explore different type of custom, culture & places.

Thanks all particularly rajalben, kaminiben for efforts you made for my visa otherwise I hv missed nice place & such a nice company of you all.

Love to hv another trip with you all guys.

Dr. Rajal Shah

Indeed it was great experience. One of its kind. Almost every aspect, hotels, food, sightseeing n the most importantly, company of you guys! It was fantastic one to one communication and comfort with everyone.

Dr. Lata Trivedi

Lovely company of colleagues, awe inspiring nation, interesting age old historical places & keliediscopic interactions -ultimately producing memorable tour... Evaro shalom malekha....

Dr. Hemant Bhatt

Thanks to Rajalben, sunil, & kaminiben to give us memorable exposure to different culture, & religion with historical information. sorry for some inconvincious from senior citizens.

Dr. Umaben Doshi

It was a unique travel experience.

Learn a lot from respected seniors Devindraben, pravinaben, Umaben & Dr. Doshi, Atulbhai and whole family, Dr. Manoranjanaben and De. Bharat bhai, my teacher Dr. Ajit Rawal and madam, Dr. Tushar bhai - no age is old age. one must travel the world. Learn a lot other than academics s from Dr. Parul and Sonal kottadawala.

Learn a lot from Dr. Rajalben, Dr. Hemant bhai and MC Patel Saheb about leadership and maturity. Learn to manage things from distance Dr. Kaminiben.

Learn to live life and laugh (life is not a mess) from Lataben.

Learn and gain depth of friendship from Dr. Agrawal, Dr. Arora, Dr. Kalyani, Dr. Kanubhai, and Dr. Trivedi.

Learn to make new friends in the form of Dr. Meena Sharma, Dr. Kirty.

Bharat bhai shine world and dearest Satyajit..

All the group people whom I couldn't name here are special in my heart.

Because of all of you it was one of the best tour.

Without saying company of my better half Binjal. She also enjoyed company of Mantamben, Rajalben, Lataben, Shilpaben, Niki, Aditya, Santosh Arora and Mrs. Kanubhai.

I missed our respected president Dr. JP and Dr. Kaminiben in Israel AOGS tour.

Thank you all.

Dr. Sunil Shah

Thanks for company and we felt as if we have known you for long. Warm Regards to

you all and thanks to AOGS for considering part of you

Atulbhai Shah, Pune

Atulbhai, you are welcome to our fold! You are a role model for us in our late fifties.

With knee replaced, you could take the rough in your stride, go up to Masada, pull the wheel chair.... Amazing.

Yes, the trip was great, unbelievable locations, good hotels, and fairly good meals.

And I believe at a very reasonable cost. The Kamini magic, in absentia.

Dr. Parul Kottadawala

Our trip was a unique one although initially there were some differences of opinion.

Israel with its natural beauty, world class culture, unbeatable history & pleasant weather made the trip a memorable one. Jerusalem would be on the top list where our dear guide Doron made us walk up and down the street making it to 9.5 plus 7.7 km. The south Israel with its desert look had much more beautiful landscape worth seeing. We indeed had a different experience at Dead Sea, floating on it, putting mud on us, screaming, taking pics.

It was a great contrast to see teenagers walking around with big guns on one hand and at the other to see cute children in prams/walking on the street holding their parents hands.

In Tel Aviv the sea shore was beautiful with so many colourful people hanging around in the streets, electric bikes looked superb!

We got to know so many, all intellects n made friends with many.

Though a country with conflicts n safety issues, when we strolled through the streets, never felt unsafe at any moment.

Nikita n my sincere thanks to Dr Kaminiben, shineworld, Dr Rajalben, Dr Sunilbhai and all who have put in their efforts to make it a success plus to all our friends, without whose company it was impossible.

Dr. Kirty Nahar

Thanks everyone

It was indeed a great travel experience at Israel

When we travel we need to be ready for unexpected situations and that makes our travel experience worth

Not only we explored historical places but also enjoyed natural wonders of Dead Sea and drive on the road by the Dead Sea, sink holes and barren mountains..

Although I had read about Israel, it's political situation and agricultural achievements, personal experience was indeed great

Instead of "Rome ma Ras ne Paris ma Patra", we enjoyed local foods (salads- dips- dressings) and of course lentil with Rice (so called our Khichdi)

We walked about 50kms during the week and some of us (including me) had stretched their limbs but it was worth....

Thanks to Kaminiben, Team AOGS, Sunil, Lata, Shine world, Doron, Jalal and all who had put their efforts for success of this trip

All well that ends well

In GOD's own land, we too were blessed as weather was kind to us and so was everyone's Health

(I had two frightening experiences in past of sickness of close relatives in foreign land)

So, trivial differences and difficulties should be ignored and we should relish the good experiences of trip..

Best wishes and regards to all

Dr. Rajal Thaker

I was actually scared when the idea was laid....but none the less it picked quite well....and more so all of u enjoyed that is my satisfaction

I thank each and every person who travelled land of god and having blind trust in me inspite of all trouble going on at Gaza Strip....I can see all have enjoyed and loved Israel....could not make up with u all due to my accidental injury....hope to see and make up in the next trip if god allows me

Dr. Kamini Patel

INTRODUCTION

Voluntary agreement, compliance or permission. It is defined in section 13 of Indian Contract Act as, two or more persons are said to consent, when they agree upon the same thing in same sense i.e., "PARTIES AD IDEM".

If a medical practitioner attempts to treat a person without valid consent, he/she can be liable under both – tort (civil wrong) as well as criminal law. Ignorance of law is not a defense in legal cases. Thus, all medical practitioners should be aware of their duties in regard to consent in clinical practice.

Consent is not an event of merely obtaining signatures on paper before patient submits to particular treatment, but it is process of communication. It is proactive process of making sufficient disclosure, and empowerment the patient to consciously decide on what he or she considers best after understanding pros and cons involved.

Before deliberating the term consent, let us review one landmark judgement of Samira Kohli versus Dr Prabha Manchanda, in which 3 judges bench (BN Aggarwal, PP Naolekar, and RV Ravendran) finally defined consent in context of medical negligence in Indian scenario. Samira Kohli versus Dr Prabha Manchanda.

● Fact: A 44 years old, unmarried woman complains of bleeding from vagina with ultrasound evidence of chocolate cyst of ovary and fibroids, that was posted for laparoscopy

{ Consent was taken for admission, laparoscopy, and if needed, operative steps for endometriosis

{ It was explained to be a minor surgery

{ Laparotomy may be required

{ Not explained about alternative treatment

{ There was no mention of hysterectomy in consent

{ On table, however, hysterectomy was performed after taking consent of old mother of the patient sitting outside the operation theater

{ The boyfriend of patient created a scene in the hospital and took away patient without paying bill, for which police complaint was lodged

● Patient's Allegations:

{ Hysterectomy was done without parent's consent

{ No preoperative information about alternative modalities were given

{ Lead her to premature menopause for which she has to take hormone replacement therapy for a long period of time.

JUDGEMENT

● Judges agreed to well fought argument that Total abdominal hysterectomy with bilateral salpingo-oophorectomy (TAH + BSO), in this case is not a negligence. This fact was well supported by book references and expert witness.

● She was considered to be acted in good faith, in the interest of the patient. However, it was done without consent of patient and that amounts to tortious act of assault and betrayal.

● Patient was allowed Rs 25,000 + bill + 5,000 legal cost.

● In this case, the term "consent" was discussed in detail. Following questions were raised and answered in relation to medical context of "consent":

Question 1. Whether informed consent is necessary for surgical removal of reproductive organs?

Answer: Yes

Question 2. What should be the nature of consent?

Answer: Consent should be voluntary and free. Patient should have capacity and competence to consent. Consent should be based on

knowledge, which means patient should have adequate information about:

- Nature and procedure of treatment
- Purpose of treatment
- Benefits and effects of treatment
- Alternatives available
- Possible risks
- Consequences of refusal of treatment

Question 3. Does supreme court expect to explain about all possible complications?

Answer: The doctors are to be expected to anticipate certain complications or requirements depending on the condition of patient. No need to explain about theoretical risks involved which can frighten or confuse patient resulting in either refusal of consent for treatment or lead the patient to undergo fanciful treatment. A balance should be achieved.

Question 4. Can there be a common consent for diagnostic and operative procedures when they are Contemplated?

Answer: Yes

Question 5. Can we do additional surgery either as a conservative or as a radical treatment, without specific consent for the same?

Answer: Big 'no'

Question 6. Can consent be taken by assistant doctor? Answer: Yes

This case has been referred to and cited several times, subsequently.

TYPES OF CONSENT

1) Implied Consent

2) Expressed Consent

3) Informed Consent.

Implied consent: Implied consent is a consent which is not expressly granted by person, but rather implicitly granted by a person's actions, facts, and circumstances of particular situation.

For example, once patient enters in to a dentist's clinic and sits on dental chair and opens his mouth, it implies that he agrees to a simple general examination. Then he cannot complain that the dentist depressed his tongue with spatula

Expressed consent: The terms of which are stated in distinct and explicit language. It may be oral or written. Oral consent is also equally valid

Informed consent: Patient should be informed about diagnosis, nature of treatment, procedure, risks involved, prospects of success, prognosis if not treated, and alternative methods of treatment.

Informed consent was practically nonexistent till the time Consumer Protection Act (COPRA/CPA) came in to existence.

● Consent in case of minor or mentally challenged person:

Patient should have capacity and competence to consent. That means patient should be an adult and of sound mind. If these conditions are not fulfilled, the guardian's consent is valid.

● Proxy Consent: When person himself is incapable of giving expressed consent, consent of near relatives and lawful guardian can be taken

● Loco Parentis: Consent of teacher or head master can be taken, if parents are not available

● If arrested person refuses to get examined, it will be lawful resource management plan, to examine the alleged person at the request of PSI

● Blanket Consent: Blanket consent has no legal value. This is what most of the doctors practice routinely. They have routine stereotyped printed consent forms for all surgical procedures whether, it is

hysterectomy or medical termination of pregnancy (MTP). But "I authorize Dr So and so, to carry out any test, procedure or surgery in the course of my treatment..." is not valid in court of law. Consent should be procedure specific. There should be different consent forms for different surgical procedures, which should include explanation of possible risks and complications involved in that particular surgery

- "GHOST Surgeon"

Services of expert surgeon in particular disciplinary, for example, laparoscopic surgeon should be routinely sought for in fraternity. It is advisable to incorporate the name of visiting operating surgeon in the consent form, to reduce own's liability in case of future litigations. To extent, the best thing would be to inform the patient about it, "I am calling Dr name for his expertise in that particular surgery"

- Can we do additional surgery?

No. An argument that it was beneficial, it would save the time or would relieve the patient from pain or suffering in future, does not hold the grounds if defense is in court of law

The only exception to this rule is, where an additional procedure, though unauthorized, is mandatory, in order to preserve the health of patient then it would be unreasonable to delay such procedure, until the patient regains consciousness and takes decision

- Informed Refusal: After being informed about procedure, its side effects and other related facts, if patient refuses to undergo treatment, informed refusal consent should be taken, to protect ourselves for litigations in future. In case of informed refusal of treatment, signature of witness should also be taken

- Consent is invalid:

- { If act itself is unlawful

- { Consent is given by minor or mentally ill person

- { If it is not informed consent.

- Consent is must in all cases of medical examination and treatment, in all medicolegal cases, and criminal cases like rape etc.

- Examination without consent:

- { Section 53(1) allows examination without consent, at the request of police (not below the rank of PSI)

- { Section 53(2) deals with examination of accused female

- Consent and age:

- { Section 87 Indian Penal code (IPC) – A person under the age of 18 years cannot give valid consent for the act that may harm him grievously i.e., wrestling

- { Section 89 IPC – A child under 12 cannot give consent for operation

- { Section 375 IPC – Sexual intercourse by man with girl below 15 years even if she is his wife, contributes to offence of rape

- { Minimum age of blood donation is 18 years.

- Consent for blood transfusion should be taken separately

- Fresh consent should be taken for repeating procedure

- Surgical consent is not sufficient to cover anesthesia care

- Unilaterally executed consents are void. Consent paper should be signed by doctor, too

- Patient is free to withdraw consent any time during procedure

- Consent should be taken in relation to publication, presentation, when the identity of patient is to be disclosed

- For MTP, consent of husband is not required. As such, MTP is privilege of patient in regards to secrecy

- For sterilization operation, consent of spouse is required

- Consent for examining or observing patient for educational purpose is must

- Counseling before female sterilization is necessary

- Explain the couple about availability of sterilization whether, temporary or permanent

- Informed voluntary consent should be taken in understandable local language

- Explain all the complications of sterilization including failure

- Clients must be encouraged to ask questions to clarify doubts

- Consent of spouse must for sterilization.

A FEW LANDMARK JUDGMENTS IN CONTEXT OF CONSENT

- Mr. C. Jayapal Reddy versus Dr. Padmini Valluri, Yashoda Hospital, Secunderabad.

- { Jayapal Reddy's wife Kusuma was patient of gynecologist since 2006. She was diagnosed with fibroid uterus and endometriosis

- { She was admitted on July, 2010. Jayapal later learnt that Dr Valluri had operated on Kusuma and performed TAH + BSO + adhesiolysis

- { Jayapal said that informed consent was not taken. Signature was taken on blank form. He also claimed that related documents including occupational therapy notes were not given

- { He also accused that ovaries were removed unnecessarily leading to loss of ability to have child through surrogacy

- { Opponents were directed to pay Rs 10 lakhs with 9% interest.

- M. Chinniyar versus Gokulam Hospital

- { Patient was posted for hysterectomy

- { Blood transfusion was asked for excessive bleeding

- { Consent for BT was not taken

- { Patient developed acquired immunodeficiency syndrome, later

- { Compensation of Rs 4 lakhs with 6% interest was awarded.

- Zeba Hamid versus Hajela Hospital

- { Patient of primary infertility was posted for diagnostic laparoscopy.

- { Ovarian drilling and salpingectomy was performed without consent.

- { Rs 25,000 plus 2,000 was awarded.

- Dr. Janki versus Sarafunnisa

- { During lower segment cesarian section, tubectomy was performed without prior consent

- { Defense: During operation, surgeon found that future pregnancy could be dangerous

- { Doctor was liable to pay compensation.

- Ram Gopal Varshney versus Laser Sight India Pvt Ltd.

- { Cataract surgery was done on 76 years old patient. But consent of grandson was taken

- { Case of loss of vision was very well fought and no negligence was found

- { Rs 25,000 + 10,000 was awarded because patient's consent was not taken.

- Mrs Chandoke versus Sir Ganga Ram Hospital

- { Patient of dysfunctional uterine bleeding, with previous 2 CS was posted for TAH

- { On table, doctor decided to do vaginal hysterectomy

- { Laparotomy had to be done for bleeding from ovarian stump

- { Subsequently, patient ended up with nephrectomy

- { Judgement: Bleeding was not negligence. Deviation from routine is not acceptable, unless lifesaving

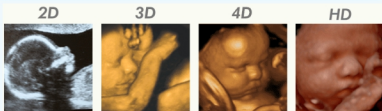
- { Rs.5 lakhs was awarded.



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Shushila P. Pandya (From Katch)
Holy mother of God at 58 years
(Postmenopausal IVF success)



Shammipal (from Australia) with
her husband and miracle baby girl at
62 years (Post menopausal IVF success)



Soniya Gopesh Shah (Baroda) with her
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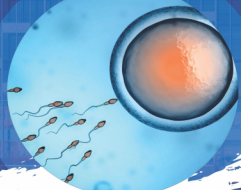
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