



# AOGS BULLETIN

[www.ahmedabadobgyn.org](http://www.ahmedabadobgyn.org)

AHMEDABAD OBSTETRICS AND GYNAECOLOGICAL SOCIETY NEWS LETTER

JULY 2014



## EDITORIAL

Dear friends,  
Season's greetings!

Last month was blessed by the Holy Ganga Dashahara as it is said that auspicious bath of River Ganga cures infertility, as one of the name out of thousand names of Ganga is 'Vyandhatva pariharini'.

In the era of altered sexratio if a lady prays for same husband for 7 births, then Males are secured for future wife and thanks to 'Vadsavitri Vrat' of Indian culture. On 30th May we had international faculty Dr. Nobert Glitche- the Pioneer of DHEA said in his talk 'when there is diminished ovarian reserve, the micro environment of ovary is altered. The ovum is very much healthy and potent, so DHEA improves the ovarian function and gives very good result'.

On 8th June, we learnt 'Support Your Bones, They Support You'. The carry home message was use HRT, SERMS, PTH, CALCITONIN & TERIPARATIDE judiciously according to symptoms and strength of pocket of patients, like some old people use golden stick for their support but all can not, so have daily exercise and dietary calcium improving osteoblastic activity and new bone formation with simultaneous decreasing osteoclastic activity that is bone resorption.

Friends , on 6th July we will be meeting at hotel four point Sheraton for a CME on Update on Ovarian Cancer & on 13th July a CME on Coronary Heart Disease in Menopause at Hotel Metropole.

A CME is also in pipeline with two international speakers on 27th July.

In the month of August we will have IGNITE 2014 with ICOG and P.G. lecture series (FORCE 2014) in association with FOGSI.

Outdoor AOGS conference at GOA has already been planned on 12 to 14 September 2014. We request all those who are interested to register at the earliest to avoid last minute disappointment as only few seats are available. Details are given on the inside pages. So hurry up and register yourself as our theme is 'Focus From Competition to Contribution'.

Last but not the least, warm wishes to all members who are going to progress, prosper and start new ventures from the day of 'Rathyatra' festival appreciating brotherhood and sisterhood!!!

With warm regards,

Editorial Team

Dr. Snehal Kale  
Dr. Anjana Chauhan

Dr. Dhaval Shah  
Dr. Shashwat Jani



## *Congratulations*

**Dr. Nagori's** Institute for Infertility and IVF has been designated the 'Ian Donald center of excellence'. It is the first such center in India.

**Dr. Sonal Panchal** has been appointed as Professor of Dubrovnik International University, as Faculty for Masters courses and also Academic director of Ian Donald School, India.



**Dr Dipak Limbachia** for attending 10th AAGL International Congress on Minimally Invasive Gynaecological Surgery from 5th to 7th June-2014 at Barcelona, Spain.

He presented three video Laparoscopic procedures. It was very well appreciated by all.

## *Congratulations*

**Riya Shah** Daughter of Dr. Jigisha and Dr. Jigneshkumar Shah  
Gujcet - 99 and 99.99 percentile in PCB



**Rutvi Pandya** Daughter of Dr. Manish Pandya, Surendranagar for scoring 99.93 percentile and 96.9 in Gujcet and to her sister Dhruvi D/O Dr. Manish Pandya who stood first in first mbbs in Gujarat university with 82 %



**Keval Vora** Son of Dr. Pratibha and Dr. Rakesh Vora  
Gujcet - 99.82 and 99.90 percentile in PCB



**Stavan Amin** Son of Dr. Meena and Dr. Chirag Amin  
Gujcet (CBSE) - 98.21 and 96.33 percentile in PCB



**Abhishek Parekh** Son of Dr. Mita and Dr. Rajesh Parekh  
Gujcet (CBSE) Group A - 5th Rank in State and 99.9 percentile in PCM



## CME - 6

### UPDATE ON OVARIAN CANCER

Date :  
6th July 2014,  
Day: Sunday

Venue :  
Hotel Four Point Sheraton  
Opp. Gujarat College, Eleisbridge.

Time :  
09:30 Hrs - 13:00 Hrs

**CO-ORDINATORS:** Dr. Anjana Chauhan, Dr. Snehal Kale.  
**CHAIR-PERSONS:** Dr. Anilaben Kapadia, Dr. Shilpa Gajjar  
9.30 to 10.00 A.M. Registration & Breakfast

#### Scientific Agenda

10 to 10.30 a. m.	Comprehensive Surgical Staging in Ovarian Cancer- Is it Necessary?	Dr. Ava Desai
10.30 to 11.00 a.m.	Medical Management of Ovarian Cancer	Dr. Abhishek Kakroo
11.00 to 11.30 a.m.	Fertility Options in Cancers	Dr. Manish Banker
11.30 to 11.45 a.m.	Quiz	Dr Vishal Sharma
11.45 to 1.00 p. m.	Panel Discussion: Dilemma in Diagnosis of Ovarian Cancers (Clinical Cases)	Moderator: Dr Meeta Mankad (Gynec Oncologist)
		Panelists: Dr.Ava Desai (Gynec Oncologist) Dr.Abhishek Kakroo (Medical Oncologist) Dr. Kiran Desai (Gynecologist) Dr. Anil Mehta (Gynec Endoscopist) Dr.Hemant Patel (Radiologist)

GMC Credit points  
Awaited

1.00 P.M. LUNCH

Program is sponsored by Roche (Oncology Division)



## CME - 7

# AGCS & IMS (Ahmedabad Chapter) Cordially invite you to A CME on "Coronary Heart Disease in Menopause"

Date :  
13th July 2014,  
Day: Sunday

Venue :  
Hotel Metropole,  
Shubhas Bridge Corner

Time :  
09:15 Hrs - 13:00 Hrs

### Scientific Programme

Time	Session	Faculty
9.15 -9.50 am	Breakfast and Registration	
9.50-10.00 am	Welcome by Chapter Secretary	Dr Kiran Desai
10.00-10.30 am	WHI SCARE AND SHIFTING PENDULUM IN HRT by	Dr Sabiha Banerjee (Gynaecologist)
10.30-11.00 am	RISK ASSESSMENT OF CHD & METABOLIC SYNDROME by	Dr Sunil Thanvi (Cardiologist)
11.00-11.30 am	PREVENTION AND MANAGEMENT OF CHD by	Dr. Jay Shah (Cardiologist)
11.30-12.00 noon	ROLE OF HRT IN CHD RISK PATIENTS by	Dr. Rajesh Soneji(Gynaecologist)
12.00-12.15pm	VOTE OF THANKS by	Dr. Vinod Arora
12.15-13.00pm	INTERACTION AND LUNCH	

Dr. Maninder Ahuja  
President-IMS

Dr. Dilip Gadhavi  
President AGCS &  
Joint Secretary-IMS Ahmedabad Chapter

Dr. Kiran Desai  
Secretary-IMS Ahmedabad Chapter

Dr. Vinod Arora  
Hon Secretary AGCS

Sponsored by Abbott

Dr. Mahesh Gupta  
Treasurer-IMS Ahmedabad chapter

GMC Credit points Awaited



### CME 3

on 30th May 2014 at Hotel Hyatt



### CME 4

on 8th June 2014 at Hotel Metropole





## GOA CONFERENCE

AOGS Organises

Out Station Conference

On 12 To 14 September 2014

At HOTEL BAGA MARINA RESORT (4 STAR)

Registration Charges : Rs. 14000/- Only / Per Person (Twin sharing)

(Up to first 100 registration only 2 night 3 days)\*

Rs. 17000/- Only / Per Person (Twin sharing) 3 Nights / 4 days Package Available (Limited Seats)\*

After 100 registration charges will be revised according to actual Airfare

Accompanying Child (6 to 12 Years) Rs. 11500/- with extra Bed in same room.

### Inclusions:

Return economy class Airfare Ex/AMD

2 Nights/3days Accommodation\*

All day Breakfast, Lunch & Dinner

All pick up & Drop off from airport to Hotel & Hotel to Airport

Conference Registration Fees

All applicable taxes

Cocktail charges extra as applicable



Flight	Date	Sector	Dep.Time	Arr.Time
Indigo	12 sep.	AMD to GOI	14.15	16.30
indigo	14 sep.	GOI to AMD	16.30	18.10

Kindly register at the earliest as only limited seats available.

(first come first serve basis)

Cash or Cheque in favour of AOGS at AOGS Office

**Wider Choice for better  
pregnancy outcomes  
Let Happiness Blossom**



Oral

Vaginal

Oral & Vaginal

**Susten 400**

High Potency Pregnancy Support  
Local support with advanced  
pregnancy following 377

**Susten Gel 8%**

Advanced Pregnancy Support  
Local support with advanced  
pregnancy

Intramuscular

**Susten 300**

High Potency Pregnancy Support  
Local support with advanced  
pregnancy

**Susten 200**

High Potency Pregnancy Support  
Local support with advanced  
pregnancy

**Susten SR 300**

High Potency Pregnancy Support  
Local support with advanced  
pregnancy

**Susten SR 200**

High Potency Pregnancy Support  
Local support with advanced  
pregnancy

**Susten**

High Potency Pregnancy Support  
Local support with advanced  
pregnancy

**Inj Susten**

High Potency Pregnancy Support  
Local support with advanced  
pregnancy

**Susten 100**

High Potency Pregnancy Support  
Local support with advanced  
pregnancy

**SPECTRA**

Label of the Tenth of India



Dr. Kamini Patel

I, Dr. Kamini Patel at VANI IVF AND SURROGATE CENTRE happy to serve the society with the strong belief the surrogacy was prevalent even in the times of LORD KRISHNA.



Surrogacy: At Vani IVF centre we consider it to be the blessing in disguise. Our belief in surrogacy emerges more strongly when we look at the past during the times of LORD KRISHNA.

In THE GITA: It is mentioned that LORD BALARAMA, LORD KRISHNA's elder brother was born as the surrogate child. During the birth of the Seventh Child, Queen Devki had a miscarriage. The baby was mystically transferred to the womb of Queen Rohini, King Vasudeva's Second wife.

Surrogacy has been prevailing since the times of LORD KRISHNA, and is still considered as the boon.

We at VANI IVF centre take the pride of SERVING THE SOCIETY having selfless motto and with GOD besides us.

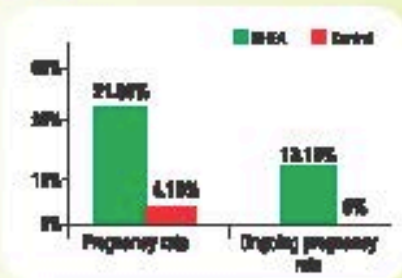
Increase the spontaneous pregnancies in your patients...

## OVARES

Restores the odds of achieving pregnancy

- Positively affects spontaneous pregnancies in women with diminished ovarian function
- Revert deteriorating older oocytes into younger oocytes acting at early stages of follicle maturation
- Significantly increases ovarian function both in postmenopausal & women above 40

"The high percentage of spontaneous pregnancies before starting IVF cycle suggest that OVARES alone can raise fertility in women with poor prognosis for pregnancy, independently of age, probably affecting defect at earlier stages of folliculogenesis."



Dr. Kamini Patel, Special Consultant, 022-2500540-44

OVARES-SR

Dr. Kamini Patel  
Special Consultant  
at Vani IVF and Surrogate Centre

For the complete list of Surrogate Mothers and Hospital and Laboratory





With Best Compliments From:



In History of Spontaneous Abortion, High Risk Pregnancy

**FOL-XT**<sup>TM</sup>  
Methotrexate 15mg + Pyridoxine 50mg Tablets  
**XTRA Surety**



Dose: 1 Tablet Daily

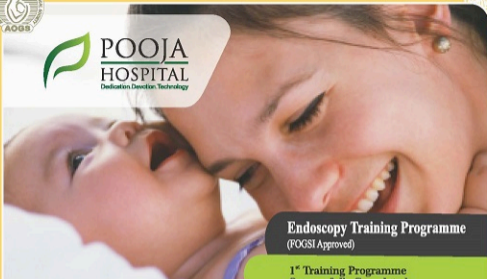
The Smart Choice in Pregnancy & Lactation

**GRD Smart**  
Healthy Mother, Smart Baby

Rich palatable **swiss choco** and **vanilla** flavour



Zyus **nutriva**







## Endoscopy Training Programme (FOGSI Approved)

1<sup>st</sup> Training Programme  
Successfully Completed

All trainees given hands  
on training in TLH

**Dr. Tejas Dave** M. D. (Gyn)  
Endoscopic Surgeon

**Dr. Jigna Dave** M. D. (Gyn)  
Infertility & IVF Specialist

-  **IVF**
-  **INFERTILITY**
-  **ENDOSCOPY**
-  **PREGNANCY CARE**

### Infertility/IVF

- IUI
- IVF, ICSI
- Sperm, Ovum & Embryo Donation
- Surrogacy
- Vitricification, Cryopreservation
- Frozen Embryo Transfer

### Endoscopy

- TLH
- Myomectomy
- Endometriosis Surgeries
- Fertility Promoting Surgeries
- Cancer Surgeries
- Hysteroscopic Surgeries, etc...

FOGSI Approved Endoscopic Surgery Training Center for Gynecologists

Address : 33, Prankunj Society, Kanakaria, Ahmedabad-380 028, Gujarat, (INDIA)

+91 - 79 - 2543 2776, 2543 4776, 2543 5776 • doctor@poojahospital.in • www.poojahospital.in

Encore®

# Orofer<sup>®</sup> FCM Inj.

Parenteral Iron Dextran complex containing elemental Iron 100 mg/10 ml

*High Dose, High Performance – Conveniently Delivered*



Treatment of IMA\* when oral iron preparations are ineffective or cannot be used

Postpartum Iron deficiency anemia

IDA due to Abnormal Menstrual Bleeding

Up to 1000 mg  
single infusion  
over 15 min<sup>1</sup>

Achieves  
3 gm % Hb  
rise... quickly<sup>2</sup>

Safe &  
well tolerated<sup>3</sup>



For more information contact Encour Pharmaceuticals Pvt. Ltd. at 020-26821000

\* In India only

1. WHO Guidelines on the Use of Parenteral Iron Dextran Complexes (IDC) in the Treatment of Iron Deficiency Anemia (IDA) in Adults. WHO, Geneva, 2002. 2. WHO Guidelines on the Use of Parenteral Iron Dextran Complexes (IDC) in the Treatment of Iron Deficiency Anemia (IDA) in Adults. WHO, Geneva, 2002. 3. WHO Guidelines on the Use of Parenteral Iron Dextran Complexes (IDC) in the Treatment of Iron Deficiency Anemia (IDA) in Adults. WHO, Geneva, 2002.

**Encore<sup>®</sup> Pharmaceuticals Ltd.**

Survey No. 2852, Phase-1, MIDC, Hattarod, Pune - 411007 Tel.: (020) 26821000 Fax : (020) 26821020

• [www.encore.co.in](http://www.encore.co.in) • [www.iamcphile-encore.com](http://www.iamcphile-encore.com)

# The most efficient, technologically advanced and trusted IVF group in India in partnership with IVI, Spain



#### Key Differentiators

- Results matching international standards
- Evidence-based practice
- World-class training and research facility
- Highest standards of ethics
- Better patient satisfaction
- Cost-effective treatment

#### Services Offered

- IUI • IVF • ICSI
- Frozen Embryo transfer
- Vitrification / cryopreservation of sperms, Oocyte & Embryos
- Assisted hatching
- Sperm, Ovum & Embryo donation
- Surrogacy

#### Advanced Technology

- IMSI (Intracytoplasmic Morphologically- Selected Sperm Injection)
- Embryoscope
- PGD (Preimplantation Genetic Diagnosis)
- CGH (Comparative Genomic Hybridization Analysis of all chromosomes in embryo).
- ERA (Endometrial Receptivity Assay)

Ahmedabad | Bengaluru | Chennai | Delhi | Kolkata | Mumbai



- Infertility and Gynecological Endoscopy - Fetal medicine - Menopause

Directors - Dr. Pravin Patel | Dr. Manish Banker



**Nova IVI Fertility,**

**Pulse Women's Hospital Pvt. Ltd.**

108, Swastik Society, Nizampura, Ahmedabad- 380008. T: +91 79 26422626 F: +91 79 26422616  
E: ahmedabad@novavifertility.com, mhiv@p@yahoo.com W: www.novavifertility.com, www.pulse-hospital.com