

# AOGS BULLETIN

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AHMEDABAD OBSTETRICS AND GYNAECOLOGICAL SOCIETY NEWS LETTER

JULY 2013

Theme :  
Knock the "t" off the can't



◆ **President**  
**Dr. Mahesh Gupta**  
+91 94264 99922  
m99922g@yahoo.com

◆ **Hon. Secretary**  
**Dr. Phagun Shah**  
+91 98254 31233  
phagunshah@gmail.com

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Dr. Hemant Bhatt



## **Editor's message**

**Dear Friends,**

Greetings from Team AOGS,

Once again we, The active team of AOGS grab this opportunity to communicate with you. Early showers of monsoon brought relief from scorching heat of summer to us. But in Uttrakhand & some other parts of the country, monsoon brought floods with its devastating effects. We pray to almighty God for the safety of all the tourists & local people who are stranded there. We also pray for the people who lost their lives in this calamity.

Friends, vacation is over & our children are once again busy with their studies. We also expect a busy obstetric season ahead. At AOGS we all are working very hard with same zeal & enthusiasm of the first quarter of the current year.

After the grand success of first surgical workshop & workshop on cadaveric dissection, 2nd surgical workshop is organized on Sunday 30th June at Parekh's hospital, Shyamal char rasta, Satellite. Those who are interested to attend can contact Dr Mukesh Savalia or Dr Dhaval Shah.

On 7th July a family entertainment program with bumper housie & dinner is planned. "बुधवारनी जपोरे" fame humorist Mr. Ashok Dave will also entertain us with some food for thought.

A CME on Thyroid & Women is organized on Sunday, 14th July 2013 at Hotel Metropole. And please don't forget the big event i.e. midterm SOGOG conference at Udaipur on 3rd & 4TH August at hotel Sheraton. Please register at the earliest for the conference as only few registrations are available. It will be a great fun with academic feast.

Your valuable suggestions, comments & complaints are always welcome.

**Whenever we do something good in life , even if no one is watching, we Rise a little in our own eyes. So friends keeep rising. Help others in whatever way you can.**

**Sincerely Yours**

**Dr Kiran Desai**

**Dr Raj Ayenger**

**Dr Vinod Arora**

**Dr Dhaval Shah**

## *Surgical Workshop II (President's Pet Project)*

**Venue:** Parekh's Hospital, Shyamal Char Rasta; Satellite, A'bad.

**Date :** 30<sup>th</sup> June 2013, Sunday

**Time :** 9:00 A.M. to 1:00 P.M.

**Co-ordinators** : Dr. Mukesh Savalia,  
Dr. Mukesh Patel  
Dr. Dhaval Shah

Surgeries to be demonstrated: NDVH, TLH, CESAREAN operation (MISGAV LADACH TECHNIQUE) with procedures for tackling PPH, uterine artery ligation, internal Iliac artery ligation, B-Lynch techniques (Depending on availability of patients.)

Members who are interested to attend the workshop can contact the coordinators.

Workshop will be followed by business lunch.

Registration is free.

**2 credit points awaited from GMC**

### *Workshop On Cadaveric Dissection (17/6/13)*



# AOGS Family Entertainment Program

**AOGS**  
**Family Entertainment**  
**Program**

on

**Sunday, 7<sup>th</sup> July, 2013**

**6.00 pm onwards**



## **BUMPER** **HOUSIE**

Venue

Prakash High School,  
 Nr. Sandesh Press,  
 Bodakdev, Ahmedabad

Dinner

9.00 pm

### Program schedule

6.00 pm. to 7.00 p.m.	Mr. Ashok Dave (Humorist)
7.00 pm to 9.00 pm	Housie
9.00 pm onwards	Dinner

**Registration Fee** : Rs. 50 / person with dinner

**Housie ticket** : Rs. 50 / ticket / round

Passes to be collected from AOGS office between  
 2.00 pm to 6.00 pm or from Co-ordinators

## **Prizes of more than Rs. 1 Lac to be won**

Many attractive Prizes to be won

- ❖ Holiday Packages
- ❖ LCD TV
- ❖ Smart Mobile Phone
- ❖ Cannon Printer
- ❖ Jewellery
- ❖ Many Cash Prizes

### ● Co-ordinators ●

- ❖ Dr. Archana Shah
- ❖ Dr. Mukesh Savliya
- ❖ Dr. Mukesh Patel
- ❖ Dr. Kaushik Vyas
- ❖ Dr. Vishal Sharma
- ❖ Dr. Vinod Arora
- ❖ Dr. Dhaval Shah
- ❖ Dr. Snehal Kale
- ❖ Dr. Rajendra Patel
- ❖ Dr. Raj Iyenger

# CME on Thyroid & Woman



**Venue:** Hotel Metropole, Near Subhas  
Bridge Corner, A'bad..

**Date :** 14<sup>th</sup> July 2013, Sunday

**Co-coordinators : Dr. Divyang Patel & Dr. Vishal Sharma**

Time	Subject	Speaker
09.30 am to 10.00 am	Registration & Breakfast.	
<b>Session – I Chairpersons : Dr. Nimesh Pandya &amp; Dr. Prakash Joshi</b>		
10.00 am to 10.15 am	"Is measurement of Maternal Serum TSH sufficient screening in early pregnancy?"	Dr. Khushali Gandhi Student
10.15 am to 10.35 am	Pathophysiology of Thyroid.	Dr. Mahadev Desai
10.35 am to 10.55 am	Thyroid and Adolescent.	Dr. Yamini Trivedi
10.55 am to 11.15 am	Thyroid and Menstruation.	Dr. Archana Shah
11.15 am to 11.35 am	GK Quiz	
<b>Session – II : Panel Discussion on "Thyroid Hormone and Women Health"</b>		
11.35 am to 12.45 pm	<b>Moderator</b>	Dr. Kiran Desai (Senior Gynaecologist)
	<b>Panelists</b>	Dr. Atul Munshi (Senior Gynaecologist)
		Dr. J. D. Patel (Oncologist)
		Dr. Ramesh Goyal (Endocrinologist)
		Dr. Manish Pandya (Surendranagar)
		Dr. Sandeep Shah (Pathologist)
12.45 pm onwards	<b>Lunch</b>	

- This Programme is in association with GSK



## *Midterm SOGOG Conference*

*is hosted by*

*Ahmedabad OBGYN Society & is to be held at Udaipur.*

Venue : Hotel Sheraton ( 5 Star)  
(Udaipur)

Date : 3<sup>rd</sup> and 4<sup>th</sup> August, 2013  
Sat & Sunday

### Scientific Program Details for 3-8-2013

Time	Subject
12.00 pm to 2.00 pm	Check in and Lunch.
2.00 pm to 2.15 pm	Antenatal evaluation Recommendations.
2.15 pm to 2.30 pm	Management of hyperemesis gravidarum.
2.30 pm to 2.45 pm	Parenteral Iron Therapy.
3.00 pm to 3.15 pm	Managing cholestasis in pregnancy.
3.15 pm to 3.30 pm	Management of asymptomatic bacteruria in pregnancy.
3.30 pm to 3.45 pm	When not to induce a pregnant lady?
3.45 pm to 4.00 pm	Os tightening - routinely recommended for all RPL cases?
4.00 pm to 4.15 pm	LMWH in pregnancy.
4.15 pm to 5.00 pm	Panel-USG markers & its interpretation.
5.00 pm to 5.15 pm	Lucky dip.
5.15 pm to 5.45 pm	Managing Comittee Meeting (SOGOG).
5.45 pm to 6.15 pm	G. B. M. of SOGOG.
6.15 pm to 8.00 pm	Leisure Time.
8.00 pm onwards	<b>Inauguration</b> <b>DJ, Orchestra, Dhamal Masti, Cocktail - Dinner</b>

## Scientific Program Details for 4-8-2013

Time	Subject
10.00 am to 10.15 am	Uterine Relaxants - Critical analysis.
10.15 am to 10.30 am	Blood components in Obstetric practice.
10.30 am to 10.45 am	Management of DIC in pregnancy.
10.45 am to 11.00 am	Iron and calcium - Which salt is the best?
11.00 am to 11.15 am	Do's & Dont's during mishap in OT.
11.15 am to 11.30 am	Operative intervention in APH - Always means LSCS?
11.30 am to 11.45 am	Management of hypertensive crisis in pregnancy & labour.
11.45 am to 12.00 pm	Management of malaria in pregnancy.
12.00 pm to 12.15 pm	Role of biophysical profile in modern obstetrics.
12.15 pm to 01.00 pm	Panel - Medical management of PPH.
01.00 pm to 01.15 pm	Lucky Dip.
01.15 pm	Lunch.

**Conference Reg. fees**  
**Rs. 3000/- only**  
 [It includes Reg. fees (+)  
 accommodation (+) all meals]

**Reg. fees**  
**accompanying person**  
**Rs. 2500/- only**  
 [It includes  
 accommodation + All meals]

**Children below**  
**five years : free**

**AOGS** will arrange free of  
 cost to and fro  
 transportation for senior  
 member above 60 years

\* All charges are "Ex Udaipur" charges - Hurry up to avoid disappointment.







★ ★ ★ **International Diwali Tour** ★ ★ ★

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 Six Nights Seven Days Ahmedabad to Ahmedabad  
 4/11 to 11/11 four star Accommodation  
 Bangkok and Malaysia 1night, Genting highlands 2 nights  
 Hua Hin island 2 nights All inclusive



\*\*\* Congratulations \*\*\*

Team AOGS congratulate Dr. Suresh Patel  
for being elected as Chairperson of Hospital  
Committee in Ahmedabad Municipal Corporation



Miss. Raj Vijay Rathod (12th Std.)

\*\*\* Congratulations \*\*\*

**Percentile Rank : 99.98 %**

District 1st & State 2nd in Gujarat Secondary  
& Higher Secondary Education Board

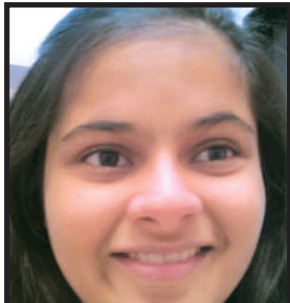
**Father :** Dr. Vijay A. Rathod (M.B.B.S., D. G. O)

**Mother :** Dr. Krishna V. Rathod ( B. D. S.)

**Hobbies :** Dancing, Reading & Travelling

**Percentile Rank Obtained in Std 10th : 99.99 %**

\*\*\* Congratulations \*\*\*



Miss Rutvi Pandya

Daughter of Dr. Manish Pandya  
(Surendranagar)  
Percentile: 99.97%  
(11th std. Second Semester)



Miss. Prarthana Mehta

Daughter of Dr. Vivek Mehta  
Percentile: 99.81%  
Guj. S.S.C. Board



Mr. Udit Naik

Son of Dr. Kamlesh Naik  
Percentile: 99.58%  
Guj. H.S.C. Board - Science Stream  
(B-Group)

# Flowchart for Diagnosis and Treatment of DUB

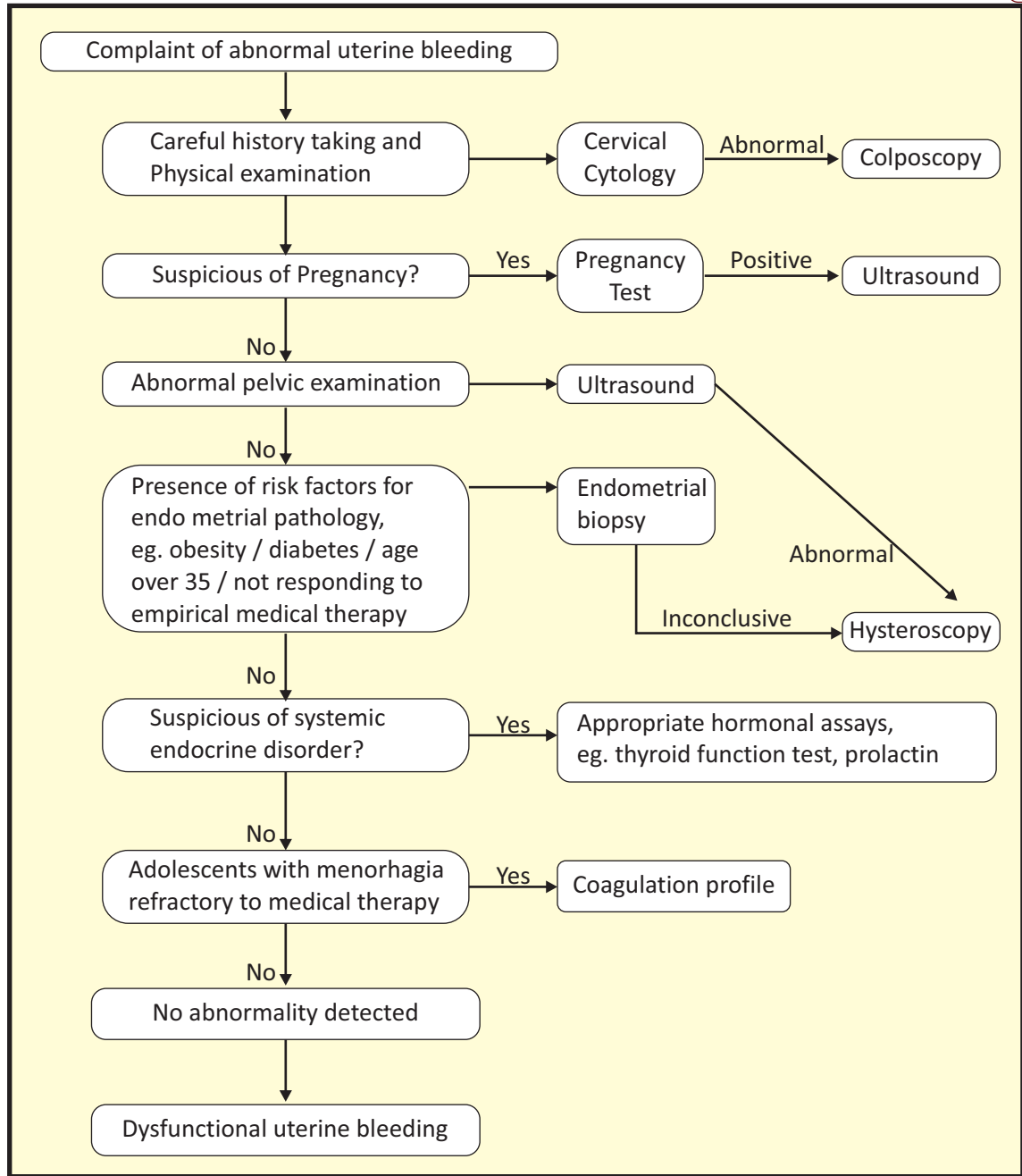


Figure 1. Diagnosing dysfunctional uterine bleeding

**Diagnosis of dysfunctional uterine bleeding established**

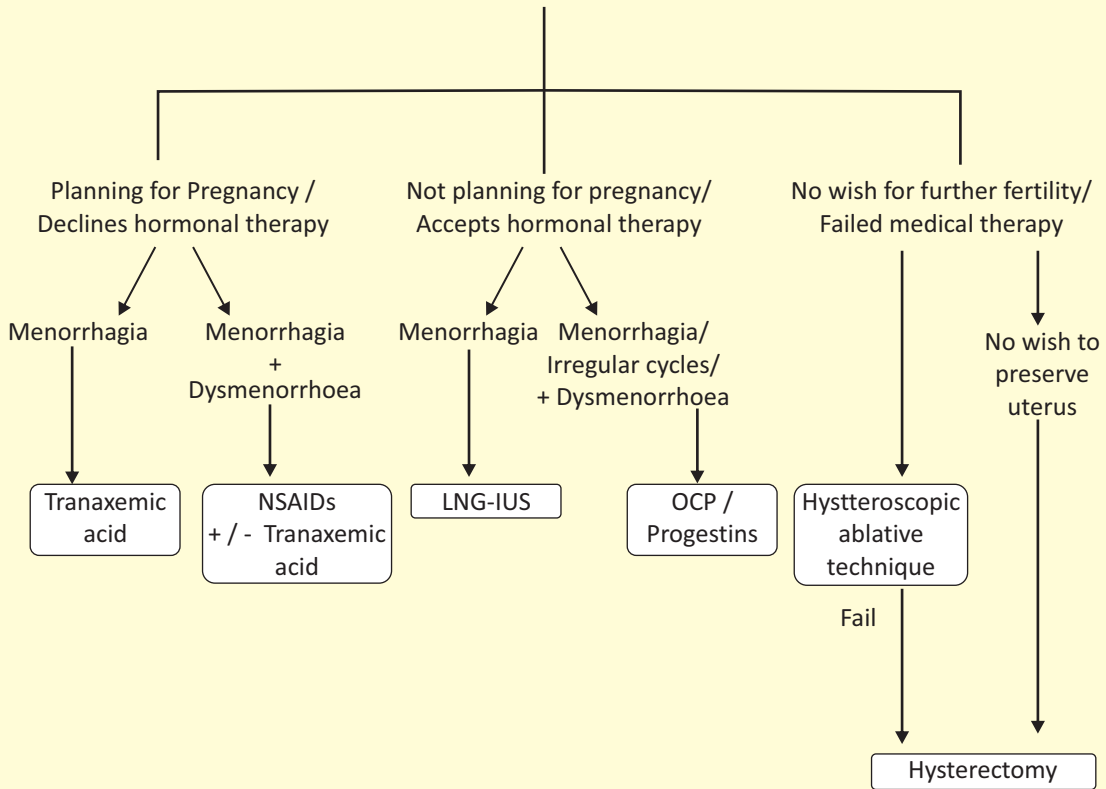


Figure 2. Guide to mode of management for dysfunctional uterine bleeding

Compiled by: Dr. Vinod Arora

For the use of a Registered Medical Practitioner, Hospital or Laboratory only

Comprehensive approach in management of  
• Threatened Miscarriage • Recurrent Miscarriage • Infertility

Rx  
**Duphaston**<sup>\*</sup>  
Hydrogesterone Tablet BP 10mg

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- ✓ **Orally effective**<sup>2</sup> unlike micronised progesterone<sup>3</sup>
- ✓ Has been used in approximately **10 million pregnancies** between 1977 and 2005<sup>4</sup>



1. Data on file.  
2. Sillschke H, et al. *Menstrua* 2003; 16(2):127-134.  
3. Luchini H, Nelson PR. *Abstr J presented at 8<sup>th</sup> International Congress on Menstrual Studies*, Australia, Nov. 17-1984.  
4. Division of A. Galt's Human Development 2005, Feb. 2.

**Composition:** Each scored film coated tablet contains 10 mg of hydrogesterone. **Indications:** Hormone Replacement Therapy, To counteract effects of unopposed estrogen on endometrium for women with disorders due to menopause & with intrauterine. Progesterone deficiencies in dysmenorrhoea, endometriosis, secondary amenorrhoea, irregular cycles, dysfunctional uterine bleeding, pre-menstrual syndrome, threatened and habitual abortion, infertility due to luteal insufficiency. **Dosage and Administration:** Hormone replacement therapy: In combination with continuous oestrogen therapy, 10 mg hydrogesterone daily during 14 consecutive days per cycle of 28 days. In combination with cyclical oestrogen therapy, 10 mg hydrogesterone daily during last 12-14 days of oestrogen therapy. If endometrial biopsies or ultrasound would reveal inadequate progesterational response, 20 mg hydrogesterone should be prescribed. 2. Dysmenorrhoea: 10 mg twice daily from day 5 to day 25 of cycle. 3. Endometriosis: 10 mg two or three times daily from day 5 to day 25 of cycle or continuously. 4. Premenstrual syndrome: 10 mg twice daily from day 11 to day 25 of cycle. 5. Irregular cycles: 10 mg twice daily from day 11 to day 25 of cycle. 6. Threatened abortion: 40 mg at once, then 10 mg every eight hours until symptoms remit. 7. Habitual abortion: 10 mg twice daily until twelfth week of pregnancy. 8. Infertility due to luteal insufficiency: 10 mg daily from day 14 to 25 of cycle. Treatment for at least six cycles. Advisable to continue treatment for first few months of pregnancy as described under 'Habitual abortion'. **Contra-Indications:** Hypersensitivity, Unknown vaginal bleeding, if used to prevent endometrial hyperplasia in (women using estrogen). **Precautions:** Breakthrough bleeding, can be prevented by increasing dosage. **Interactions:** None known. **Pregnancy and lactation:** No evidence that can not be used during pregnancy. Excreted in milk of nursing mothers. Effect on ability to drive and use machines. No effect. **Undesirable effects:** Breakthrough bleeding, alterations in liver function may occur. **Pharmacodynamics:** orally active progestogen producing complete secretory endometrium in oestrogen primed uterus. **Shelf life:** 3 years. **Storage:** Store in cool and dry place. **Packaging:** Blister strip of aluminium foil and PVC film, of 10 film coated tablets. **Issued on:** Jan 2010.

Further information available on request from  
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Minimizes chances of sub-fertility<sup>3</sup>

Improves oocyte development & estrogen levels<sup>4</sup>

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Dose: 1 Tablet Daily

References:

1. Reproductive Biology and Endocrinology 2004;2:7-14. 2. Am J Epidemiol. 2002;156:806-812. 3. Fertility and Sterility 2010;94(1):130-137. 4. Diabetes Care 1998;21(7):1017-1021.

\*Helpline service available from Monday to Friday between 8 am to 7 pm.

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