

# AOGGS BULLETIN

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Theme :

## Learning the latest while nurturing the basics

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## *Message of the AOGS team*

**“Live as if you were to die tomorrow. Learn as if you were to live forever.”**

**Mahatma Gandhi**

The months of the festivals passed as rapidly as it arrived, leaving a lingering taste of mouthwatering sweets and the smell of the crackers, for us to remember for the rest of the year. The Diwali also marked the way for the Pleasant and Healthy season, when everyone enjoys the perfect pink of the health.

**CME of "Infertility and Anemia"** on 7<sup>th</sup> October 2012, Sunday at Hotel Royal Orchid was talked by Dr. Sushma Shah, Dr.Kanthi Bansal, Dr.Mehul Damani and was coordinated by Dr. Raj Iyenger and Dr. Nilesh Trivedi, was attended by 115 members, who took the academic advantage of the event.

**AOGS GOLDEN JUBILEE ORATION** on 10<sup>th</sup> October 2012 at Hotel St. Lauren was an event of great importance marked by the speech of Dr. Juan Garcia –Velasco Prof. Obstetrics and Gynecology, Director IVI Madrid, who detailed "Managing PCOS : Current consensus" to great depth. 132 members enjoyed the oration.

**CME of "Endocrine Disorders and Biochemical markers in Pregnancy"** on 14<sup>th</sup> October, 2012, at Hotel President, was well spoken by Dr. Rajesh Bendre, Dr. Parag Shah, Dr. Bansi Saboo

**CME of Comprehensive Abortion Care** on 25<sup>th</sup> Nov 2012, at the Hotel Pride, was well attended and appreciated by our members, for the excellent and informative speech by Dr. Gitendra Sharma.

**SOGOG CME of Infertility and PPH** on 30<sup>th</sup> Dec 2012, at Hotel Metropole, was attended by more than 140 members. Dr. Sheetal Punjabi, Dr. Jitu Prajapati, Dr. Arti Patel Dr. Ajesh Desai, and Dr. Ajit Raval deliberated well on their subjects.

The **Sharadotsav on 20<sup>th</sup> October 2012** at Reform Club was well coordinated by Dr. Snehal Kale and Dr. Jignesh Kalaria and Orchestrated by Anupam Vyas, caught the members at the right mood of the season, the members enjoyed with spiritual participation.







*A Conference memorable*  
**National Conference on Foetal Medicine**



National Conference on Foetal Medicine held at Hotel Ishta, Ahmedabad, from 26<sup>th</sup> - 28<sup>th</sup> Oct 2012, was a conference to be remembered. It had a galaxy of speakers & saturating proportion of take home messages. The conference had 512 delegates, 6 international faculties, several noted national & local faculty. There were three workshops on Foetal Heart, Foetal Anomaly & Gynaecology & Infertility attended in large numbers. The practical aspects of the various subjects were covered in detail. The main conference had varied topics. The first day had subjects related to early pregnancy, 11-14 weeks evaluation, 2<sup>nd</sup> trimester, neglected areas of prenatal importance, multifoetal pregnancy & topping with Foetal diagnosis & therapy.

On 28<sup>th</sup> the main issues dealt were Fetal Cardiac Imaging, Foetal Neuro-sonography, Doppler & Growth related areas. The conference ended with two interesting Panel discussions on Foetal anomalies what next & PCPNDT act. The topics on both days were efficaciously covered. There was very good interaction of the delegates. The main attraction of the conference was the direct relay from London by Prof. Cipros Nicholaides. There was large number of Paper & Poster presentations. Awards were given to the best paper & poster presentation.

The entire organising AOGS team and the vice president Dr. Prashant Acharya needs to be congratulated for such a memorable conference, that made a niche in the world of Foetal Medicine.



**AOGS GOLDEN JUBILEE ORATION**







Force 2012 @  
GCS Medical College  
An Absorbing Academic  
treat for PG Students



Comprehensive  
Abortion Care  
25<sup>th</sup> Nov 2012



❖ CME on 23<sup>rd</sup> December 2012: "PCOS workshop" ❖



❖ SOGOG CME of Infertility and PPH ❖





**Forth-coming Programs**  
**CME on 21<sup>st</sup> Jan 2013 Monday : "Post-Partum Contraception"**

Venue : Hotel Fortune Landmark ,Usmanpura, Ahmedabad  
 Time : 8:30 pm to 9:30 pm Dinner

Co-ordinator : Dr. Chirag Amin  
 Chair persons : Dr. Atul Munshi & Dr. Kiran Desai

Time	Subject	Speakers
09:30 pm Onwards	C.E.R.A.L.O.G.U.E. ( Progesterone-Only contraceptives: Pills to Implants in practice	Dr. Anneliese Schwenkhagen
<i>Sponsored by MSD-Organon</i>		

**CME on 23<sup>rd</sup> Jan 2013 Wednesday: "CME on Ca. Breast and Ca. Ovary"**

Venue :Hotel Inder Residency, oppo. Gujarat College, Ahmedabad  
 Time : 8:30 pm to 9:30 pm Dinner

Co-ordinator : Dr. Nita Thakre & Dr. Kalpesh Trivedi  
 Chair persons : Dr. Lata Trivedi & Dr. Hardik Mehta

Time	Subject	Speakers
09:30pm to 10:00pm	Medical Management of Ca. Breast and Ca. Ovary	Dr. Mithun Shah Medical Oncologist
10.00 pm to 10.30 pm	Surgical Management of Ca. Breast	Dr. Kinnar Shah OncoSurgeron
10.30 pm to 11.00 pm	Overview of Ovarian Tumors	Dr. Ronak Bhanshali M.P.Shah Cancer Hospital
11.00 pm onwards	Audience Participation	
<i>Sponsored by AGILA life sciences</i>		

**FOGSI programe on "HIV" on 27<sup>th</sup> January 2013, Sunday.**

Venue : AMA Hall, opp. IIM, Panjarapole char rasta,  
 Ambawadi, Ahmedabad.

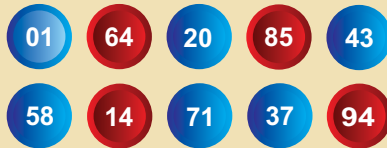
Co-ordinator : Dr. Paresh Shah & Dr. Harshad Shah  
 Chair persons : Dr. Darshna Thakkar & Dr. Trupti Shah

Time-	Subject	Speakers
10.00 am	HIV Pathogenesis and Anti-Retroviral Therapy- An Overview	HIV practitioner
10.30 am	ART to pregnant Woman for Prevention of Mother to child transmission	HIV practitioner
11.00 am	Universal Precautions and Post Exposure Prophylaxis	Dr. Sarita Agraval
11.30 am	Antenatal Care for HIV Positive woman	Dr. Kanan Yelikar
12:00 pm	Managing Deliveries in HIV Positive Women	Dr. Riddhi Shukla
12:30 pm	Contraception and Infertility issues in HIV positive	Dr. Sarita Agraval
1:00 pm	Stepwise Neonatal Care of HIV exposed Newborn	Dr. Chetan Trivedi
1:30 pm	Audience Participation	
2:00 pm	Lunch	





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1<sup>st</sup> issue Nos.  
( 87, 25, 54, 19, 33,  
44,67, 93, 75, 05 )

2<sup>nd</sup> issue Nos.  
( 61, 59, 15, 35, 84,  
47, 22, 98, 73, 09 )

3<sup>rd</sup> issue Nos.  
( 95, 83, 52, 17, 77,  
41, 03, 28, 69, 36 )

4<sup>th</sup> issue Nos.  
( 07, 55, 16, 68, 23,  
72, 34, 86, 45, 92 )

### Exciting Prizes.....

1. First Full house : 16 inch LCD TV
2. Second Full house : Canon Digital Printer
3. Third Full House : Kodak Digital Photo frame
4. Fourth Full House : Titan Raga Watch

In case of a tie there will be a toss.

Preserve the tickets until you win.....

Wishing all members good luck.....

## REQUEST and APPEAL

- 12<sup>th</sup> Jan 2013, Saturday, celebrate it as Daughter's day AOGS has decided to participate whole heartedly on 12/1/2013 to celebrate Daughter's Day
  - Earnest request to AOGS members to participate in HUMAN chain formation at Nehru Bridge between 9:30 am to 11:00 am
  - We request to treat delivery of baby girl Free of Cost if possible to promote the noble idea of honouring and celebrating the birth of female child on that day.
- 
- We thank Dr. Dhaval Shah, Dr. Raj lyenger and Dr. Hemant Bhatt for their active efforts in making 6<sup>th</sup> Jan 2013 Marathon Run programme highly successful
  - AOGS participated wholeheartedly in the event with the theme of "SAVE the GIRL CHILD",
  - KUDOS to President Dr. Dipesh Dholakia for promoting and supporting the noble cause with unwavering commitment

### Member's Corner :

We are Proud to inform that one of our Senior members Dr. Kanthi Bansal, had represented as the FOGSI Endometriosis Committee Chairperson, at the 1<sup>st</sup> European Conference held at Siena, Italy from 29<sup>th</sup> Nov-1<sup>st</sup> Dec. she presented two scientific papers and was invited to speak at the General Assembly of European Endometriosis League (EEL) regarding collaboration of Endometriosis Committee FOGSI India with EEL, EEL agreed to have Collaboration with Endometriosis committee, FOGSI, India. There were 712 delegates & from 42 different countries. We congratulate her for her International achievement.

Best Wishes to Dr. Alpesh Gandhi, active member of our association and past President of AOGS for his achievement, He is to be installed as the Vice President of FOGSI in the AICOG Conference at Mumbai. All members are requested to attend the Oath taking ceremony at Bandra Kurla Complex, Mumbai at 5:00 pm on 17<sup>th</sup> January 2013. Dr. Alpesh Gandhi as Vice President, is intending to promote FOGSI program of "HMS" (helping Mother Survive) Fast Track initiative in 100 Medical Colleges as well as in other societies across the country, willing to participate in the project which involves training in Important Obstetric Emergencies.

As the FOGSI Vice President, he is looking forward to organize an International Congress on "Critical Care in Obstetrics" at Pune from 12<sup>th</sup> to 14<sup>th</sup> July, which will be the first of its kind in India, please take the advantage of the international standard conference by attending it. We wish him a Grand Success for the Conference and also wish him the Best of Luck for his tenure as the Vice President of FOGSI 2013

"Congratulations to Dr. Prashant Acharya (V.P. FOGSI) for giving keynote address on "Foetal growth restriction and Doppler" in Indian Radiology and Imaging association (IRIA) national Conference at Indore on 6<sup>th</sup> Jan 2013, he was the only gynaecologist honored with felicitation"







**Dr Mandakini Megh MD. DGO. FICMCH, FICMU, FICOG**  
**Vice President, FOGSI**  
 Past Chairperson, FOGSI Imaging science committee  
 Past president, IFUMB  
 Jt. Organizing Secretary AICOG Mumbai [2013]  
 Dean, Indian college of medical Ultrasound  
 Consulting Obstetrician & Gynaecologist

## MEDICAL ABORTION – LEGAL AND TECHNICAL UPDATE

### Making Medical Method Abortion a Legal Reality

The MTP Act of 1971 defined the settings for performing all MTPs at a hospital, either established by or approved for this purpose by the Government. The MTP Rules of 1975, further mandated conditions such as facilities for anaesthesia, resuscitation, sterilization and abdominal or gynaecological surgery. Since medical abortions came under the same legal ambit, there was a real risk that these preconditions could have seriously jeopardized the use of this new technique. The solution was provided by the amendments in the MTP Rules in 2003 relaxing the conditions for first trimester MTP sites. For MMA any certified RMP only needed to have notional access to a recognized MTP centre and simply had to display a certificate to this effect from the approved centre.

### Use of Medical Method Abortion in India

Using ORG Data from 2006 to 2009 and projections from the FOGSI – Population Council Survey it is estimated that over 4 million medication abortions are performed each year. Unlike prevalent practice in most countries distribution in India has been permitted on prescription from retail outlets, an important factor in promoting widespread availability. Besides this the strong local pharmaceutical industry has played a catalytic role. While most countries depend on a monopoly supplier, India enjoys the competitive advantage of several independent manufacturer suppliers, a major factor in encouraging competitive pricing.

According to the MTP Act, a registered medical practitioner, can prescribe MMA drugs at his/her clinic provided he/she has access to a place approved for terminating pregnancy under the MTP Act. The clinic should display the certificate to this effect from the owner of the approved place. In other words, the clinic where medical abortion drugs are prescribed by an approved registered medical practitioner does not need approval as long as it has access for referral to an MTP approved site.

### Contraindications

- Confirmed or suspected ectopic pregnancy or undiagnosed adnexal mass
- Anaemia (haemoglobin < 8 gm%)
- Uncontrolled hypertension with BP > 160/100 mmHg
- Cardio-vascular diseases such as angina, valvular disease, arrhythmia
- Coagulopathy or women on anticoagulant therapy
- Chronic adrenal failure or current long term use of systemic corticosteroids
- Severe renal, liver or respiratory diseases
- Inherited porphyria
- Glaucoma
- Allergy or intolerance to mifepristone / misoprostol or other prostaglandins

### USG for women undergoing MTP by medical methods

Ultrasonography (USG) is recommended in the following conditions for a woman undergoing medical termination of pregnancy (MTP):

- When a woman is unsure of her LMP or has conceived during lactational amenorrhoea
- When a woman has irregular cycles;
- When there is discrepancy between history and clinical findings;
- In case of suspicion of ectopic pregnancy (having symptoms such as irregular vaginal bleeding, pelvic pain, adnexal mass or tenderness)
- When provider is uncertain with the examination results, or is unable to measure the uterine size due to obesity, pelvic discomfort or lack of co-operation from the woman.

### Medical Method Abortion – Recommendations for Use

MOHFW GOI Comprehensive Abortion Care Guidelines, 2010 reiterate the safety and efficacy of MMA and make recommendations for medical methods for early abortions. The DCGI recently approved a combination pack of one 200mg tablet of mifepristone and four 200mcg tablets of misoprostol for MMA up to 63 days

For Medical Method Abortion from 49 days

Mifepristone (200 mg) followed after 48 hours by oral or vaginal misoprostol (400 mcg)

For Medical Method Abortion from 49 to 63 days

Mifepristone (200 mg) followed after 48 hours by oral or vaginal misoprostol (800 mcg)

Drug protocol and gestation

Protocol for Mifepristone and Misoprostol

Gestational Age	Mifepristone on Day 1		Mifepristone on Day 3	
Up to 49 days	200 (one 200mcg tablet)	Oral	400 (two 200mcg tablets)	Oral/vaginal

### Home administration of misoprostol

Home administration of misoprostol may be advised at the discretion of the provider in the cases where the woman has access to 24-hour emergency services. In case of home administration of misoprostol, the woman needs to be provided with:

- Antiemetics
- Analgesics
- Additional dose of misoprostol (to be repeated if required)

Repeating the initial dose of misoprostol.

Initial dose of misoprostol has to be repeated if:

- The woman vomits within half an hour of the intake of oral misoprostol
- There is no vaginal bleeding even after 24 hours of misoprostol administration (a woman reporting no bleeding or very light bleeding suggests that either there is a continuing pregnancy or that the treatment is not working).
- She has excessive bleeding (more than two pads per hour for two consecutive hours or more) during the abortion process. If the bleeding does not get controlled even after the repeat dose of misoprostol, surgical evacuation may be considered.

Prophylactic antibiotics

Routine use is not indicated except in nulliparas or with vaginal infections. Doxycycline 100 mg twice a day for eight days has been recommended.

Analgesics

Women counselled properly tolerate pain better. Paracetamol or a narcotic analgesic may be used when indicated.

Antiemetics

Gastrointestinal side effects are generally mild and routine administration of antiemetic is not necessary. If the patient vomits within 30 minutes of medication, an antiemetic may be followed by a repeat dose.

Antidiarrhoeals - Not required since any diarrhoea is self-limiting

Contraception following MTP through Medical Method Abortion

Oral contraceptive pills or DMPA can be started on day three with misoprostol or day 15 if the abortion process appears to be complete.

- IUCD can be inserted after one normal menstrual period
- Condoms should be used if the woman has intercourse any time during the process of MMA.
- Women desiring concurrent tubal ligation should be counselled for surgical abortion initially when the two procedures can be combined. Alternatively, tubal ligation can be done after the next cycle if the woman desired.



# Motherhood Women's & Child Care Hospital



## Motherhood Women's & Child Care Hospital

**Dr. Anand B. Patel**  
M.D., D.G.O.  
Diploma in Sonography  
Consultant gynecologist &  
endoscopic surgeon

**Dr. Raju C. Shah & Team**  
M.D., D.Ped., F.I.A.P.  
(Consulting Pediatrician &  
Neonatologist)

**Dr. Rajesh Punjabi**  
M.D.,  
Diploma in Gynaec Endoscopy (France)

**Dr. Harish Chaudhary**  
Consulting Pediatrician &  
Neonatologist

**Dr. Shital Punjabi**  
M.D., D.G.O. (Gold Medalist)  
ART Specialist (USA)

**Dr. D. G. Patel & Team**  
Sr. Pathologist

**Dr. B.T. Patel**  
M.D., D.G.O.  
Menopause Clinic (Every Saturday)

**Dr. Twinkal Patel**  
Asst. Doctor (Obs. & Gyn.Dept.)



## Motherhood Women's & Child Care Hospital

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We Happily announce the inauguration of our state of art  
**MOTHERHOOD WOMEN'S & CHILD CARE HOSPITAL**



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- GYNEC ENDOSCOPY CENTRE (Modular OT, HD Laparoscopy set up)
- 3D/4D SONOGRAPHY CENTRE (GE Volusion S6, 3D/4D USG)
- HIGH RISK PREGNANCY CENTRE
- NICU (Neonatal Ventilators, Warmers, Central Oxygen)
- PICU (24 hrs Neonatologist & Paediatrician availability)
- ENDOCRINE PATHOLOGY LABORATORY

