

AOGS TIMES

AN AHMEDABAD OBSTETRICS AND GYNAECOLOGICAL SOCIETY NEWSLETTER Vol. V, August 2009

www.ahmedabadobgyn.org



Service with a **divine** touch

This months attractions

- | | |
|--------------|---|
| 29 & 30 Aug | Satellite Conference |
| 5 Sept | CME Male Infertility |
| 7 to 18 Sept | PG Lecture Series |
| 16 Sept | Micronutrients in Pregnancy and Sub fertility |
| 20 Sept | Anomaly detected... What next? |
| 1 Oct | Sharad Purnima-Garba |



**WELCOME TO THE
4TH & 5TH FOGSI SATELLITE CONFERENCE
on 29th & 30th August, 2009**

Dear Members of the AOGS,

Welcome to the 4th & 5th FOGSI Satellite Conference. You will be delighted to know that elaborate arrangements have been made for your smooth viewing and interacting during the Conference !

You know this is the second such Conference through Satellite that the Ahmedabad Ob Gyn Society has been privileged to host in 4 years ! The credit of such a feat goes to all members who form such an august Society to reckon with !

We want your kind self to know that this time it is a Conference with a difference !

Scientific program with informative update, useful in day-to-day practice, will be served during these two days. These include topics on Obstetrics, Infertility, Endoscopy, Oncology and Legal - among other avenues of Ob Gyn.

With an excellent menu being served, our Committee Members have been able to enroll more than 150 Ob Gyn Societies of FOGSI for actively participating in the Conference ! This speaks volumes not only of the commendable efforts put in by us but also the thirst for updates Gynecologists in all nooks and corners of India have !

One thing is sure - we are eager to serve them with the best deliberations a Conference can offer ! All this, and it goes without saying, is available to the members of AOGS as well !

Now, may I request you to make a prior registration with our AOGS office (phone no. 2658 6426) between 2 and 6 pm. There are no registration charges for the Conference! But for better logistic and general arrangements - **please register your names.**

29th & 30th August, 2009 Saturday & Sunday
9 am to 5 pm

Jagmohan Parikh Hall, AMA Building, Ashram Road, Ahmedabad 9

Tentative program :

| | |
|------------------|---------------------|
| 8.30 to 9.00am | Breakfast |
| 9.00am to 1.20pm | Conference Sessions |
| 1.20 to 2.00 pm | Lunch |
| 2.00 to 5.00pm | Conference Sessions |

Hall Co-ordinators :

Dr Mukesh Patel & Dr Umesh Thakker (29th August)
Dr Mukesh Patel & Dr Kaushik Patel (30th August)

Program Co-ordinator : Dr. Mukesh Patel

Welcome, once again to this unique experience of the 4th & 5th FOGSI Satellite Conference !
Yours truly,

AOGS Team



message

TEAM 2009-10

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Co-opt. Members

Dr. Jignesh Shah

Dr. Kiran Desai

Sp. Invitee

Dr. Alpesh Gandhi

Dr. Dipesh Dholakia

Dr. Kanthi Bansal

Dear Members

Pleasure once again in taking this opportunity to communicate with you all ! We hope you are enjoying the year full of activities !

The Musical evening program was enjoyed by one and all and it was well evident by the number of people in the audience ! We heartily acknowledge the role played by all the members of AOGS in making this program memorable !

We are having a CME on Male Infertility on Saturday, 5th September 2009. We request all of you to take advantage of the deliberations on this important topic in our day-to-day clinical practice. A lot of new things on male infertility may find focus in the upcoming event. So, don't miss it !

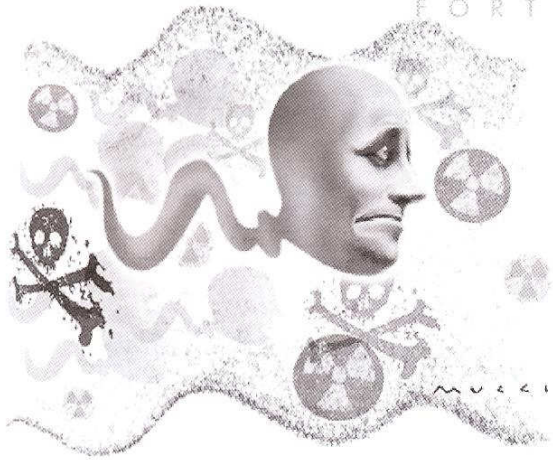
A very ambitious 'FOGSI 4th & 5th Satellite Conference' is coming up in the month end Saturday & Sunday 29th & 30th August 2009 ! Excellent topics and excellent Speakers to dwell upon them have been invited. This will make it one of the most interesting events of the year ! We full-heartedly appreciate the efforts put in by a lot of Organizing Committee Members of the Conference and others in seeing to it that no stone is left unturned in the smooth telecast of this most meaningful Conference to be aired soon ! A lot of us have made umpteen calls to different Ob Gyn Societies all over the country in assisting them to participate in down-linking the Conference in their town/cities. A mammoth attempt was required for such a huge Conference and perhaps we are fitting the bill. God willing, we should be through and nicely so. We also appreciate the able guidance given to us by some very senior members of our AOGS. A joint effort and that should make for its success. We request all of you to mark these two days for attending the Conference's live interactive broadcast on the two days at R. M. Fozdar Hall, AMA Building. All arrangements have been made for your comfort also.

Thanking you all once again,

AOGS Team

✉ **Installation of Dr. Jitendra Patel**, President and his team of Ahmedabad Medical Association will be held at 5pm on 27 September 2009 at AMA Hall.

✉ On the Occasion of **108th Anniversary** of AMA a **Blood Donation Camp** is being organized on 1st October 2009 from 9.30am at AMA Premises. All are welcome.



CME on Approach to **MALE INFERTILITY**

5th September, Saturday, 2009
8.00 pm onwards at Inder Residency

We have a great surprise package for you in the month of September in the form of a very interesting CME, which most of us are yearning to attend & that is on the burning topic of Male Infertility. This topic is not very well understood. We plan to cover the subject from basic to the recent trends in the management of male infertility. This program will have well known experts in the field of Andrology, Male infertility, IVF specialists & Gynaecologists. The national & local faculty of high cadre are selected keeping in view their expertise as well as orating skills.

We request all of you to year mark this date & attend the academic session. We plan to have very good interactive sessions & involve the audience in the scientific discussions. We want to make sure that each of us will take home a valid scientific message which in turn will help us to understand & treat our male infertility cases in an appropriate manner in day to day practice.

8.00pm Dinner

9.00pm Chairpersons: Dr. Atul Munshi & Dr. Kandarp Parikh

Ideopathic OAT & its Management

...Dr. Dinesh Vaidya, *Andrologist & Urologist, Bangalore*

9.30pm Panel Discussion on
"Dealing with Male infertility along with Interesting cases"

Moderators:

Dr. Kanthi Bansal and Dr. Jayesh Amin - *IVF Specialists*

Panelists:

Dr. Himanshu Bavishi, *IVF Specialist*

Dr. Manish Banker, *IVF Specialist*

Dr. Kiran J. Shah, *Infertility Expert*

Dr. Dinesh Vaidya, *Andro-Urologist*

Dr. Shailesh Shah, *Urologist*

Dr. Kandarp Parikh, *Urologist*

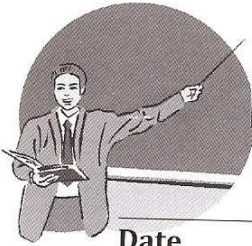
10.30pm Audience Participation

10.45pm Vote of Thanks

Program Co-Ordinator: Dr. Kanthi Bansal

Courtesy

Sun Pharma-Inca Division
makers of LETROZ & MAXOZA



Post Graduate Lecture Series 2009

Organized by AOGS and Runanubandh Trust

| Date | Time | Topic | Speaker |
|---------|---------------|------------------------------|---|
| 7-9-09 | 8:30 to 9:15 | PIH | Dr. Ashish Shah |
| 7-9-09 | 9:45 to 10:30 | Diabetes | Dr. Sanjay Munshi |
| 8-9-09 | 8:30 to 9:15 | RH Isoimmuni | Dr. Sushma Baksh |
| 8-9-09 | 9:45 to 10:30 | Induction of labour | Dr. Atul Munshi |
| 9-9-09 | 8:30 to 9:15 | IUGR | Dr. Sapna Shah |
| 9-9-09 | 9:45 to 10:30 | Caeserean Section | Dr. Ketan Gosai |
| 10-9-09 | 8:30 to 9:15 | Menopause | Dr. Jignesh Shah |
| 10-9-09 | 9:45 to 10:30 | Normal labour | Dr. Bakul Leuva |
| 11-9-09 | 8:30 to 9:15 | Newer Contraceptives | Dr. Yamini Trivedi |
| 11-9-09 | 9:45 to 10:15 | Tubal Surgery in Present era | Dr. Ajit Rawal |
| 12-9-09 | 8:30 to 9:15 | Surgical Mgmt of PPH | Dr. Malini Desai |
| 12-9-09 | 9:45 to 10:30 | Malpresentation | Dr. Kaushik Vyas |
| 14-9-09 | 8:30 to 9:15 | Fibroid | Dr. Akshay Shah |
| 14-9-09 | 9:45 to 10:30 | Ca Cervix | Dr. Mita Mankad |
| 15-9-09 | 8:30 to 9:15 | Law in Ob Gyn | Dr. Gitendra Sharma |
| 15-9-09 | 9:45 to 10:30 | Instrumental Delivery | Dr. Haresh Doshi |
| 17-9-09 | 8:30 to 9:15 | Cardiac disease in Preg | Dr. Shital Mehta |
| 17-9-09 | 9:45 to 10:30 | PCOS | Dr. Manish Banker |
| 18-9-09 | 8:30 to 9:15 | Prolapse | Dr. Manish Pandya |
| 18-9-09 | 9:45 to 10:15 | PG Quiz | Dr. Rajal Thaker Dr. Darshna Thakker |

This schedule is subject to minor changes

Snacks will be served from 9:15 to 9:45 pm

Registration Fees

AOGS Members : Free ❖ Non AOGS Members : **Rs. 300**

Co-ordinators : Dr Raj Iyengar, Dr. Siraj Harsolia **Advisors :** Dr Haresh Doshi, Dr M.C. Patel

FOGSI Full Day Crash Course (Free)

27th September 2009 - Sanskruti Hall, B. J. M.C., Civil Hospital, 9 to 5 pm

Course Directors : Dr. Malini Desai, Dr. Haresh Doshi

4th October 2009 - Multimedia Hall, N. H. L. M.C., V. S. Hospital, 9 to 5 pm

Course Directors : Dr. Atul Munshi, Dr. Manish Jadhav

F O R T H C O M I N G P R O G R A M

Program on **Micronutrients in Pregnancy and Sub fertility** (male & female)

16 September 2009, Wednesday from 9 to 11 pm

Hotel Fortune Landmark, Ashram Road, Ahmedabad-380 013

Chairpersons : **Dr. Behram S. Anklesaria, Dr. Rajesh M. Soneji**

Guest Speaker : Dr. Louis Keith, USA

Program will be preceded by Dinner

Program Co-ordinator : **Dr. Rajal Thaker**

10 PRINCIPLES FOR PEACEFUL LIFE

- 1. Do Not Interfere In Others' Business Unless Asked:** Most of us create our own problems by interfering too often in others' affairs. We do so because somehow we have convinced ourselves that our way is the best way, our logic is the perfect logic and those who do not conform to our thinking must be criticized and steered to the right direction, i.e. our direction. This thinking denies the existence of individuality and consequently undermines the Intelligence and Creativity that is only attributed to God. God has created each one of us in a unique way. No two human beings can think or act in exactly the same way. All men or women act the way they do because God has made each one of us different, with different personalities. Be patient with one another, and mind your own business and you will keep your peace.
- 2. Forgive And Forget:** This is the most powerful aid to peace of mind, but also challenging to achieve. We often develop ill feelings inside our heart for the person who insult us or harm us. We nurture grievances resulting in loss of sleep, development of stomach ulcers, and high blood pressure. We further aggravate stress in ourselves by remembering, and reminding ourselves of the very persons that caused us harm. Get over this bad habit. Life is too short to waste in such trifles. Forgive, forget, and march on. Love flourishes in giving and forgiving.
- 3. Do Not Crave For Recognition:** This world is full of selfish people. They seldom praise anybody without selfish motives. They may praise you today because you are in power, but no sooner than you are powerless; they will forget your achievement and will start finding faults in you. Why do you wish to kill yourself in striving for their recognition? Do your duties ethically and sincerely, and only seek the pleasure of God through prayers.
- 4. Do Not Be Jealous:** We all have experienced how jealousy can disturb our peace of mind. You know that you work harder than your colleagues in the office, but sometimes they get promotions; you do not. You started a business several years ago, but you are not as successful as your neighbour whose business is only a one year old. There are several examples like these in everyday life. Should you be jealous? No. Remember, a person's life is shaped by their destiny, which becomes their reality. If you are destined to be rich, nothing in the world can stop you. And if you are destined to be poor, then no matter what you do, you will only be what you are destined to be. Nothing will be gained by blaming others for your misfortune. Jealousy will not get you anywhere; it will only take away your peace of mind.
- 5. Change Yourself:** If you try to change the environment single-handedly, the chances are you will fail. Instead, change yourself to suit your environment. As you do this, even the environment, which has been unfriendly to you, will mysteriously change and seem congenial and harmonious.
- 6. Endure What Cannot Be Cured:** Every day we face numerous inconveniences, ailments, irritations, and accidents that are beyond our control. If we cannot control them or change them, we must learn to put up with these things. We must learn to endure them cheerfully. Believe in yourself and you will gain in terms of patience, inner strength and will power.
- 7. Do Not Bite Off More Than You Can Chew:** We often tend to take more responsibilities than we are capable of. This is done to satisfy our ego. Know your limitations. Why take on additional loads that may create more worries? You cannot gain peace of mind by expanding your external activities. Reduce your material engagements and spend time in prayer, and introspection. It will prevent you from thinking of matters that upset you. An uncluttered mind is a peaceful mind.
- 8. Make Regular Prayer:** Prayer, the remembrance of God, calms the mind and gets rid of disturbing thoughts. Try it yourself. If you do prayer, whenever you are free, your mind will be at peace during the day. Your mind will not be easily disturbed as it was before. You may think that this will interfere with your daily work. On the contrary, this will increase your efficiency and you will be able to produce better results in less time.
- 9. Never Leave The Mind Vacant:** An empty mind is the devil's workshop. Keep your mind occupied in something positive, something worthwhile and negative thoughts will not plague your mind. Actively follow a hobby, something that holds your interest. You must decide what you value more: money or peace of mind. Your hobby, like social work or religious work, may not always earn you more money, but you will have a sense of fulfillment and achievement. Even when you are resting physically, occupy yourself in healthy reading or mental chanting of God's name.
- 10. Do Not Procrastinate And Never Regret:** Do not waste time in protracted wondering, "Should I or shouldn't I?" You can never plan enough because you can never fully anticipate all future happenings. Value your time and do the things that need to be done now. It does not matter if you fail the first time, so long as you don't leave it for tomorrow. You can learn from your mistakes and succeed the next time. Sitting back and worrying will lead to nothing. **DO NOT REGRET.** Whatever happened was destined to happen. Why cry over spilt milk?

AOGS ORGANIZES

In association with ISOPARB, SOGOG, Imaging Science Committee-FOGSI,
Association of Pathologists of Ahmedabad, APSARA and NNF Gujarat

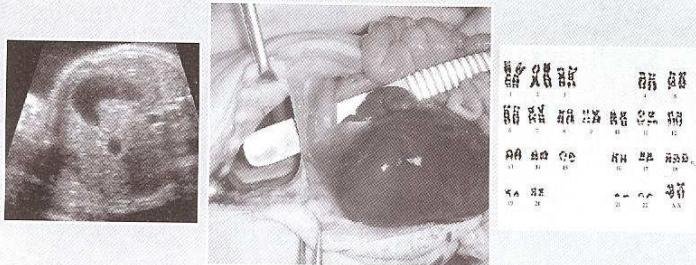
WORKSHOP

ANOMALY DETECTED !!!

What Next???

20-9-2009, Sunday

Hotel St. Larn, Usmanpura, Ashram Road



Dear colleague,

It is our great pleasure to announce yet another workshop in the field of Fetal Medicine.

With number of workshops on fetal sonography, anomaly detection rate has improved amongst our members. At the same time it has been observed that protocols after anomaly detection are not being followed due to lack of awareness and knowledge. All the anomalies are not lethal. Some of the anomalies are compatible with life and some anomalies can be surgically corrected.

Aim of this workshop is to spread the concept of perinatology-collective approach in treating fetus and newborn by Obstetrician, Sonologist, Pathologist, Neonatologist, Paediatric Surgeons and Geneticist.

Mediscan-chennai, is a world renowned institute in the field of fetal medicine & fetal therapy, headed by S. Suresh and Indrani Suresh. Dr. Sujatha is renowned national faculty in the field of genetics & dysmorphology. Dr. Latha is expert perinatologist. It is our great honour to have them as chief faculties.

Isoparb (Indian Society of Perinatology and Reproductive Biology) is a national organisation active in the field of perinatology. It has helped in evolving this workshop. We are sure that after attending this workshop our vision and attitude towards fetal anomalies will be different. Fetal anomaly detection shall not be the end point but should be beginning of the collective approach for the fetus as a patient.

We look forward to welcome you to this academic feast.

Organizing Team

Organizing Chairpersons
Dr.Jignesh Shah
Dr. Alpesh Gandhi

Organizing Secretaries
Dr. Mahesh Gupta
Dr. Janak Desai

Chief Co-ordinator
Dr. Jignesh Deliwala

Detail Brochure Follows shortly

Faculty

Mediscan Systems, Chennai



S. Suresh



Indrani Suresh

- ◆ Dr. Sujatha, Dysmorphologist and Geneticist
- ◆ Dr. Latha, Perinatologist

IMAGING FETUS... VISION AHEAD 2009 a report

Dear friends,

It was a great pleasure to organize a successful workshop on 19th July 2009. It was first program of imaging science committee in association with our own AOGS & fetal medicine & genetic committee with APSARA.

When it was decided to design the program, basic idea was to initiate the thinking process beyond diagnosis of malformation of fetus & to utilize the opportunity to investigate the index case for the further prognosis of pregnancy outcome next. "Imaging fetus - Vision ahead - conference with difference was the appropriate title give.

During 1st session Dr Lula, Dr Prashant guided us about the utility & importance of sonography markers & Dr Menon gave the importance of biochemical markers in pregnancy & how optimistically utilize it.

Our faculty Dr Lula, Dr Khurana & Dr Dugal gave us immense information with pictures & live clips as well as tips what next.

In the session of Colour Doppler practical & optimal utility of color Doppler tips were given by Dr khurana & Dr Jayprakash Shah

Interesting cases were the highlight of the program which had made this work of real difference. It was appreciated by all the invited faculties.

The last session of live demonstration was interactive and was appreciated by all due to its informative presentation.

My thanks at last to Dr Pragnesh shah, Dr Dilip Gadhavi, all office bearers & Managing committee of AOGS for providing this opportunity to Imaging Science committee of FOGSI . Dr Mehul Damani & Dr Jignesh Deliwala were in fact real organizers, without them this program could not have been well managed.

Dr. Jayprakash Shah ~ Dr. Mehul Damani
Org. Chairperson

Dr. Prashant Acharya ~ Dr. Jignesh Deliwala
Org. Secretaries

AOGS Directory

Dear AOGS members,

- AOGS Directory is a unique feature of AOGS.
- It is an important document for interaction amongst our members.
- AOGS have done MOU with NGPL for publishing AOGS Directory of this year.
- We have our data on line in our AOGS website kindly check your data online and rectify it at AOGS office in case of any change.
- NGPL representative will contact you for collecting your recent data to be publish in the directory, kindly co-operate him.
- We request all members to give their Email address correctly so that we can send digital informations about AOGS activities by Email.
- AOGS directory will be distributed free of cost to every AOGS member in December 2009.
- You may give your advertisements in special rates for AOGS members for directory. You may contact at NGPL office:
3rd Floor, Chandan House, Opp. Pantaloons, Mithakhali 6 Roads, Ahmedabad-6.
Phone: 4000 8000 Fax: 079 - 4000 8080
- Please give your payment by cheque only.
- For any query feel free to contact AOGS office.
- Rates for AOGS members

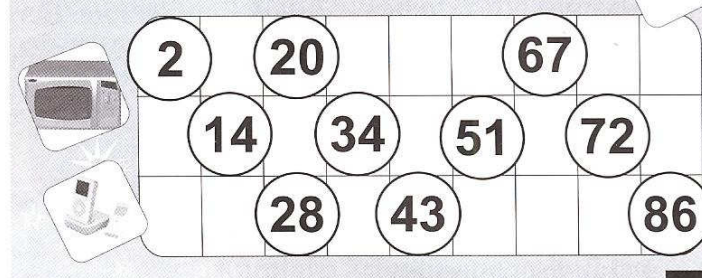
| Category | Amount |
|----------------|--------|
| a. Full page | 10,000 |
| b. Half page | 6,000 |
| c. Back Page | 25,000 |
| d. Front Inner | 20,000 |
| e. Back Inner | 15,000 |

HAPPY BIRTHDAY!

| | |
|---------------------------|-------|
| Dr. JIGNA TEJAS DAVE | 02/08 |
| Dr. DUSHYANT CHOKSHI | 05/08 |
| Dr. NIRUBEN A. GUPTA | 07/08 |
| Dr. JAGRUTI TRIPATHI | 07/08 |
| Dr. AARTI PATEL | 12/08 |
| Dr. SANJAY R. SHAH | 13/08 |
| Dr. KALPESHKUMAR A. PATEL | 15/08 |
| Dr. BAKUL R. LEUVA | 18/08 |
| Dr. PRADYUMAN VAJA | 18/08 |
| Dr. HARSHA PANCHAL | 18/08 |
| Dr. VIRAL RASIKBHAI PATEL | 18/08 |
| Dr. MANOJ K. PANDYA | 20/08 |
| Dr. SNEHAL B. KALE | 20/08 |
| Dr. TEJASH V. DAVE | 22/08 |
| Dr. ANJANA D. SHAH | 23/08 |
| Dr. ASHWIN B. SHAH | 24/08 |
| Dr. BINITA KUNTAL PARIKH | 25/08 |
| Dr. KRANTI S. VORA | 26/08 |
| Dr. PAULA SHAH | 27/08 |
| Dr. VIBHA KAMLESH NAIK | 29/08 |
| Dr. RAKESH R. PATEL | 31/08 |
| Dr. MITA PAREKH | 01/09 |
| Dr. PARUL A. SHAH | 01/09 |
| Dr. MAMTA H BHUPATKAR | 02/09 |
| Dr. DIVYANG A PATEL | 03/09 |
| Dr. AKSHAY C. SHAH | 06/09 |
| Dr. VISHAL SHARMA | 06/09 |
| Dr. PRABHA GOPALAKRISHNAN | 10/09 |
| Dr. VISHAL SUDHIR DAVE | 12/09 |
| Dr. SHETAL T DESAI | 14/09 |
| Dr. ASHITA D SHAH | 15/09 |
| Dr. RUNOO GHOSH | 16/09 |
| Dr. SONALI GARG | 17/09 |
| Dr. PARICEEMA DAVE | 18/09 |
| Dr. RAJESH M SONEJI | 18/09 |
| Dr. JYOTIBEN R PATEL | 19/09 |
| Dr. PARESH SOLANKI | 20/09 |
| Dr. PREMAL J. SHAH | 22/09 |
| Dr. KALPESH K TRIVEDI | 26/09 |
| Dr. MEENU AGARWAL | 26/09 |
| Dr. SONAL MAHESHWARI | 28/09 |
| Dr. AMI KEYUR SHETH | 29/09 |
| Dr. KANAKLATA D. NAKUM | 29/09 |

MEMBERS' PAGE

LETROZ TAMBOLA 09-10



Total 50 numbers called



EGYPT TOUR

72 AOGS members and family have registered for the Egypt tour.

Santa is in a Quiz Contest

- How long was the 100 yr war?
A) 116 B) 99 C) 100 D) 150
Santa says "I will skip this"
- In which month do the Russians celebrate the October Revolution?
A) JANUARY B) SEPTEMBER
C) OCTOBER D) NOVEMBER
Santa asks for help from general public
- Which of these was King George VI first name?
A) EDER B) ALBERT C) GEORGE
D) MANOEL
Santa asks for lucky cards
- The Canary islands, in the Pacific Ocean, has its name based on which animal:
A) CANARY BIRD B) KANGAROO
C) PUPPY D) RAT
Santa gives up.

If u think you are indeed clever and laughed at Santa's replies, then please check the answers below:

- The 100 year war lasted 116 years from 1337-1453
- The October revolution is celebrated in November
- King George's first name was Albert. In 1936 he changed his name.
- Puppy. The Latin name is INSULARIA CANARIA which means islands of the puppies.

MALE INFERTILITY

ILL UNDERSTOOD, ILL ATTENDED, AND ILL MANAGED

Dr. Himanshu Bavishi



Male factor is responsible for almost 50% of the infertile couples. Hence it needs more serious consideration. Here are some useful recent concepts from European Association of Urology Guidelines 2007 and WHO. In a recent study of 7057 male infertility patients, 75.1% had IDIOPATHIC oligo astheno terato spermia (OAT).

While planning the treatment in male infertility other prognostic factors must be considered

- Duration of infertility
- Primary or secondary infertility
- Results of semen analysis
- Age and fertility status of the female partner.

When the duration of infertility exceeds 4 years, the conception rate per month is only 1.5%. The fertility of a woman of 35 years of age is only 50% of the fertility potential of a woman aged 25 years. By the age of 38 years, this has reduced to only 25% and over the age of 40 years it is less than 5%. Hence, early treatment is beneficial even in male factor infertility.

A clinical examination of male is mandatory to decide the line of treatment.

WHO criteria of standard values for semen analysis.

- Volume ≥ 2.0 mL
- Sperm Concentration ≥ 20 million / mL
- Motility $\geq 50\%$ with progressive motility
 25% with rapid motility
- Morphology $\geq 14\%$ of normal shape

AZOOSPERMIA - Non obstructive

Elevated FSH does not rule out presence of sperm, testicular biopsy is the best procedure to define the histological diagnosis and the possibility of finding sperm. When spermatozoa are detected, these can be cryopreserved for use in future ICSI cycles.

AZOOSPERMIA - Obstructive

Obstructive lesions of the seminal tract should be suspected in azoospermic or severely oligozoospermic patients with normal -sized testes and normal endocrine parameters.

Results of the reconstructive microsurgery depend on the cause and location of the obstruction and the expertise of the surgeon and equipments. Sperm retrieval techniques should simultaneously be applied with surgery.

These methods should only be performed with the facility for cryostorage of the tissue.

VARICOCELE

Classification for clinical practice

- Subclinical: Not palpable or visible but reflux on Doppler
- Grade 1 : Palpable during valsalva manoeuvre only
- Grade 2 : Palpable at rest, but not visible.
- Grade 3 : Visible and palpable at rest.

Basic Considerations

- Present in 20-24% of the adult male population.
- Present in 25% of men with abnormal semen analysis.
- Its exact association with reduced male fertility is not known,

WHO data clearly indicates that varicocele is related to semen abnormalities, decreased testicular volume and decline in Leydig cell function.

Treatment

Best treatment is microsurgery through inguinal approach, gives best benefit with least complications and recurrence chance.

Varicocele treatment for infertility should not be done unless there has been full discussion with the infertile couple about the uncertainties of treatment benefit.

IDIOPATHIC MALE INFERTILITY RECOMMENDATIONS

- Medical treatment can be advised in hypogonadotropic hypogonadism.
- Drugs are usually ineffective in idiopathic male infertility.

SEMEN CRYOPRESERVATION RECOMMENDATIONS

- Cryopreservation of semen should be offered to all men BEFORE chemotherapy, radiation or surgical interventions that might interfere with spermatogenesis or cause ejaculatory disorders.
- **When testicular biopsies are performed, sperm cryopreservation as part of the same procedure is strongly advised.**
- If cryopreservation is not locally available, patient should be transferred to the nearest cryopreservation unit.
- **Avoid transmission of viral, sexually transmitted infection from donor to recipient.**
- Samples of HbsAg or HIV +ve men should be stored in separate containers.



Past PROGRAMS Report

SUGAM SANGEET SANDHYA

The Sugam Sangeet Sandhya was organized on 16th August 2009 at Tagore Hall, Paldi. More than 700 AOGS members & their family friends & professional colleagues attended the programme. It was a blend of some majestic

classical Gujarati songs with melodious Sugam Sangeet. The orchestra & anchoring of Shri Ankit Trivedi were excellent.

Mr. Hasmukh Patadia & Mr. Kandarp Trivedi enthralled the crowd with their soothing voices which took the audience on a joyride of an exhilarating sublime experience.

With tasty snacks & tea-coffee, everybody enjoyed the night with lots of demands for the cd of this program.

The office is hopeful in fulfilling this demand of our dear members.



Zydus
nutriva *Presents,*

Third generation nutraceuticals

In pregnancy & lactation

GRD
Smart

In IDA of pregnancy

GLOBAC
activ

Ferric Ascorbate Equivalent to 100 mg elemental iron + Folic Acid 1.5 mg Tablets

In first trimester

FoI G1

Folic Acid 5mg, Methylcobalamin 500mcg, Pyridoxine 5 mg Tablets

In second & third trimesters

FoI G2

Folic Acid 5mg, Lycoprene 5000mcg, DHA 160mg, Zinc 27.45mg Capsules

In pregnancy & lactation

C-YUM

Calcium Citrate Malate 1250mg eq. to Elemental Calcium 250 mg + Vit. D₃ 100 IU



FORTHCOMING PROGRAM



શરદોત્સવની રઠિયાળી રાત

૧ ઓક્ટોબર
૨૦૦૯

રાત્રે ૯.૦૦ કલાકે

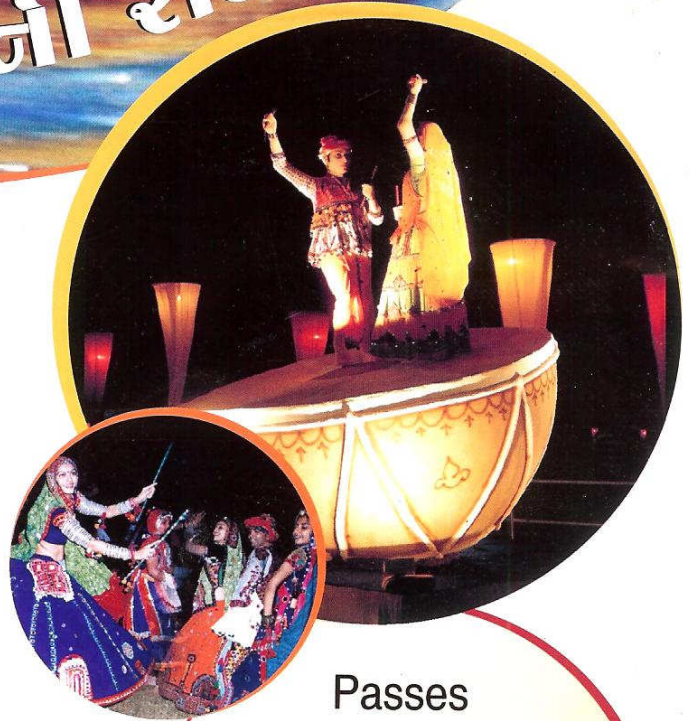
ઓરીએન્ટ ક્લબ
ગુજરાત કોલેજ પાસે
એલીસબ્રિજ

SNACKS
Bhaji Pau,
Pulav,
Gulab Jamuns,
Tea/Coffee

Dear AOGSIANS

It's a great pleasure & privilege to invite you all with your friends and family members for great Cultural & Musical extravaganza of our Navratri Festival at the above venue.

Kindly spare your valuable time for this event & please do come without fail.



Passes

Rs 70 per person

Passes can be collected
from AOGS office on
15th September 2009
between 2 and 6 pm



Sponsor by **Dahlia Pharmaceuticals Pvt. Ltd.**
makers of **DUBNIL, DARVELON, LO-STREN, CORNIL 21**