

service with **divine** touch



AOGS

News letter

Inside

**AOGS Golden
Jubilee Oration**
on 19th April 09

**AOGS family tour
with CME**
Kerala-Munnar-Alleppey
7th - 10th May 09



TEAM 2009-10



I pledge...

team 2009-10
installation ceremony
oath taking





Message from AOGS Team 09-10

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Dr. Kamlesh Jagwani

Ex-Officio

Dr. Parul Kotdawala

Dr. Mahesh Gupta

Co-opt. Members

Dr. Jignesh Shah

Dr. Kiran Desai

Sp. Invitee

Dr. Alpesh Gandhi

Dr. Dipesh Dholakia

Dr. Kanthi Bansal

Dear AOGS Members,

Greetings from Newly installed AOGS Team,

We experience tremendous honor and dignity standing before you as the newly installed teammates of one of the most prestigious and honorable Medical Organizations of India, the Ahmedabad Obstetrics and Gynaecological Society the AOGS.

We are overwhelmed and honored beyond our imagination. We wish to say that with honor comes responsibility. With this responsibility and the exceptional commitment of our Teammates we promise to do hard work. Humbled by the love and honor bestowed upon us and ready with your permission to set out on a journey of providing a memorable year for all the AOGS members!

AOGS has been a fabulous happening organization with the activities it has generated and awards it has won under the stewardship of a string of exemplary Presidents in the past. AOGS has bettered itself year after year and it will be the endeavor of our Team to take the AOGS a little further up with your good wishes and blessings.

We have always shared our joys and today's joy is -- that we have made some history of sorts in FOGSI. The AOGS has provided four important Committee Chairpersons in FOGSI this year. Dr. Manish Banker, Dr. Jayprakash Shah, Dr. Alpesh Gandhi, Dr. Pragnesh Shah who is working enthusiastically for FOGSI Infertility, Imaging science, Practical Obstetrics & Endoscopy Committees this year. This gives the AOGS a major role to play at the National level and it actually speaks for the significance FOGSI has rightfully granted to AOGS. Let us give a big hand to AOGS for this fabulous achievement.

As a premier Medical Organization of repute and reckoning, we also have some social responsibilities to meet, very much on lines of the a Corporate organization.

From this platform we make a clarion call to all of you & all who are established colleagues to volunteer and spare some time each week for the poor and needy women of Ahmedabad and nearby in AOGS RCH activities.

Come forward and make a difference with a divine touch and become a Brand Ambassador of Good Health for all women.

The Theme selected this year is "Service with a Divine Touch".

We set the ball rolling by our first program on 19th April on "Holistic approach to Medical Science" & GBM following the program. A unique program highlighting the need for social & spiritual health, awareness to develop an attitude of seeing GOD in every human being including our patient in order to bring a Divine Touch in each of our activity and in each moment of our life.

Dr Deepak Dave, former Vice president of FOGSI is coming on 19th April to deliver the Golden Jubilee Oration on "What is success?" Who can be better speaker on this topic than Dr Deepak Dave who has mastered this topic and has the power to impart it to all who are ready to receive it. Please don't miss this opportunity of enrichment and enlightenment.

I earnestly request each and every member for your kind and full-hearted involvement in all our activities and make this a year to cherish and a year to remember. We have planned Kerala-Munnar-Alleppey family tour with CME on Hysteroscopy with Alleppey Ob. & Gyn. Society on 10th May, 09. Our AOGS tours are always experiencing glorious success every year and you can join this time from 7th - 10th May, 09 & book your seats at the earliest as it is for limited participants only.

I thank all AOGS members for spending their important time & blessing us during installation ceremony of New AOGS team last Sunday morning.

This is the message from all the members of the '09-10' Team:

"Let us come together more than ever before

Let us be together more than ever before

Let us work together more than ever before and

Let us enjoy together more than ever before

Let us have a DIVINE TOUCH more than ever before!!"

Jai AOGS and Jai Hind!!

Team '09-10'

AOGS Committees

Following different AOGS committees are formed for different functions and activities of AOGS and their chairpersons have been appointed. All AOGS Committee Chairperson along with AOGS MCMembers are decided for specific AOGS Committee work. Adding or discontinuing of any AOGS Committee will be decided on their performance in subsequent M.C.Meeting. All Committee chairpersons are requested to present their work in M.C.meeting and requested to give the detail planning & achievements in monthly AOGS Bulletin regarding various activities of AOGS Committee

* Bulletin Editorial Board	Dr. Hemant Bhatt Dr. Geetendra Sharma Dr. Mukesh Bavishi Dr. Jignesh Deliwala Dr. Kiran Desai Dr. Kanthi Bansal
* Entertainment	Dr. Hemant Bhatt Dr. Jignesh Deliwala
* Building	Dr. Geetendra Sharma Dr. Suresh Patel Dr. Mukesh Patel
* PG Lecture series	Dr. Mehul Damani Dr. Raj lyenger
* Website & Library	Dr. Kamlesh Jagwani
* Social Security	Dr. H M Ladola Dr. Anil Mehta Dr. Dipesh Dholakia Dr. Alpesh Gandhi Dr. Geetendra Sharma
* Medical Research	Dr. Hareesh Doshi Dr. Mehul Damani Dr. Kiran Desai
* International	Dr. Behram Anklesaria Dr. Mukesh Bavishi
* Accreditation	Dr. Atul Munshi Dr. Himanshu Bavishi
* Adolescent Gyn	Dr. Rajal Thaker Dr. Hemant Bhatt
* Young Talent Promotion	Dr. Darshna Thakker Dr. M. C. Patel
* RCH	Dr. Kirti Vadalía Dr. Sashikala Sahu Dr. Mukesh Patel Dr. Suresh Patel
* Infertility	Dr. Manish Banker Dr. Himanshu Bavishi
* Practical Obstetrics	Dr. Alpesh Gandhi
* Endoscopy	Dr. Sujal Munshi Dr. Mehul Damani
* Medico-legal	Dr. Geetendra Sharma Dr. M. C. Patel
* Imaging Science	Dr. Jayprakash Shah
* Geriatric Medicine	Dr. Rajesh Soneji
* Oncology	Dr. Mukesh Bavishi

આદર્શ ડૉક્ટર કેવા હોવા જોઈએ ?

ગુરોરધિતાઽઽિલ વૈદ્યવિદ્યઃ પીઽૂષપાણિઃ કુશલઃ ક્રિયાસુ ઽ
ગણસ્પૃહા ધૈર્યધરઃ કૃપાલુઃ શુદ્ધોધિકારી ભિષગીદૃસઃ સ્વાત્ ॥

ગુરુ પાસે સંપૂર્ણ વૈદકિય જ્ઞાન મેળવેલો, અમૃત તુલ્ય સ્પર્શવાળો, પોતાના કામમાં કુશળ, નિઃસ્પૃહ, ધૈર્યવાન, કૃપાળુ, શુદ્ધ અંતઃકરણવાળો અને જેનો શબ્દ પ્રમાણ ભૂત (Evidence Based) છે આવો ડૉક્ટર આદર્શ ગણાય.

ઉપરનો શ્લોક આપણને સારા અને સાચા ડૉક્ટર બનવા માટે પ્રેરણા અને પથદર્શન કરે છે. ગુરુ પાસેથી અનુભવ સિધ્ધ વાતો સાંભળીને સમજીને અને શીખીને વૈદકીય /તબીબી જ્ઞાન મેળવવું જોઈએ. ફક્ત લેપટોપ કે ઈન્ટરનેટ માત્રના એકલા માર્ગદર્શનથી શક્ય નથી. Well Read કરતાં બહુશ્રુત (વધારે સાંભળેલું જ્ઞાન) ને ભારતીય સંસ્કૃતિમાં શ્રેષ્ઠ ગણવામાં આવે છે. આપણાં Teachers / ગુરુઓએ open your booksને બદલે open your mindનું શિક્ષણ આપ્યું છે, તેથી જ આજે આપણે Difficult casesમાં પણ હિંમત હારતા નથી. Seeing is believing...Evidence based Medicine એટલે કે આપણું Dissertation / Thesis એ તેનું ઉત્કૃષ્ટ ઉદાહરણ છે.

ગુરુ જોવાની વિશિષ્ટ દૃષ્ટિ આપે છે. દિવ્યમ્ દદામિ તે ચક્ષુઃ (ગીતા અ. ૧૧/૮)

બહારથી બંને સરખા લાગે પણ તેવું ન પણ હોય. (e.g. Breech : When we suspect deeply engaged Head, it may not be there- Munroe Kerr): Look same but are not same

Information - Knowledge

Careless - Carefree

Ego - Dignity

I - We

Man - Human

Sight - Vision

See/look - Observe

Personality - Character

વસુદેવ - વાસુદેવ (કૃષ્ણ)

ચંપલ - ચાખડી

હાથ - કર

ઉઠવું - જાગવું

ચિંતા - ચિંતન

ગુરુ ફક્ત Milestone / દિશા સૂચક ન રહેતા, સાથે ચાલનાર હમસફર જેવા હોવા જોઈએ. શિષ્ય, ગુરુ પરાયણ હોવો જોઈએ. ગુરુ શિષ્ય પરાયણ અને ગુરુ શિષ્ય બંને જ્ઞાન પરાયણ હોય તો દિવ્યતા-મહાનતા, પ્રગટી શકે.

ચાલો, આપણે સૌ જ્ઞાન પિપાસુ - આજીવન વિદ્યાર્થી રહેવા પ્રયત્ન કરીએ.

Dr. Atul Mehta

Dr. Manish Jadav

Holistic Approach of Medical Practice

Date & Day : 19/04/2009, SUNDAY

Time : 9.30 am to 12.30 pm (Program will start **sharp** at 9.30 am)

Venue : Ahmedabad Medical Association Hall, AMA Building,
Nr. Natraj Cinema, Ashram Road, Ahmedabad-9

Prior
registration is
necessary.

The Ahmedabad Obstetrics & Gynecological Society (AOGS) & the Ahmedabad Medical Association (AMA) invite all doctors with their spouses for a unique program on 'Holistic approach for Medical Practice.'

Please make telephonic booking (AMA Office - 2658 8775 & AOGS Office - 2658 6426 between 2 & 6 pm) to avoid last moment disappointment owing to limitation of seats.

9.30 to 10.20

Session-I

Chairpersons: Dr Ramesh C Shah (President, AMA)
Dr Narendra Rawal (Secretary, AMA)

- * Art & Science of Meditation (Practical & Applied tips) ..20 mins
Dr Sudhir Shah (Neuro-physician) Ahmedabad
- * Mental Health & Stress Management :
for Doctor as well as patient
Dr. Rajesh Parikh (Psychiatrist, USA) ..20 mins

AMA & AOGS INAUGURAL CEREMONY

10.30 to 11.30

Session-II

AOGS GOLDEN JUBILEE ORATION

Guest Lecture on " WHAT IS SUCCESS ? "

By Dr Deepak Dave (Ex- Vice President, FOGSI: Mumbai)

Chairpersons: Dr. Pragnesh Shah (President, AOGS)
Dr. Dilip Gadhavi (Secretary, AOGS)

11.30 to 12.30

Session-III

Chairpersons: Dr. Atul Mehta (Gynecologist, Ahmedabad)
Dr. Mehul Shah (Vice-President, AMA)

- * Need for 'Human Touch' and positive attitude in the era of
Technical Development.
Dr. S. O. Junare (Director, NICM, Gandhinagar) ..20 mins
- * Should social Health & spiritual Health be included
in Medical Curriculum?
Dr. Dhiren Joshi (Cardiologist, Ahmedabad) ..20 mins
- * Vote of Thanks by Dr.Hemant Bhatt (Jt. Secretary, AOGS)

Master of Ceremony: Dr Mukesh Bavishi, M.C. Member, AOGS

Program will be followed by Lunch

SUMMER EXCURSION TO MAGICAL MUNNAR *Kerala*



AOGS FAMILY TOUR

with CME with Alleppey Ob-Gyn Society at Alleppey

03 Nights / 04 Days

PACKAGE COST:

Rs. 17,600/- per Person

Inclusive of
Ahmedabad > Cochin > Ahmedabad airfare

Day 01 → 7th May Ahmedabad > Cochin > Munnar
Day 02 → 8th May Munnar
Day 03 → 9th May Munnar > Alleppey
DAY 04 → 10th May Alleppey > Cochin > Ahmedabad

02 nights MUNNAR

Hotel Ayur County or Sterling Resort of similar

01 night ALLEPPEY

Hotel Arcadia Regency or similar

Hysteroscopy CME with Alleppey Ob-Gyn Society

10th May 09 at Alleppey in the morning at Hotel Arcadia Regency

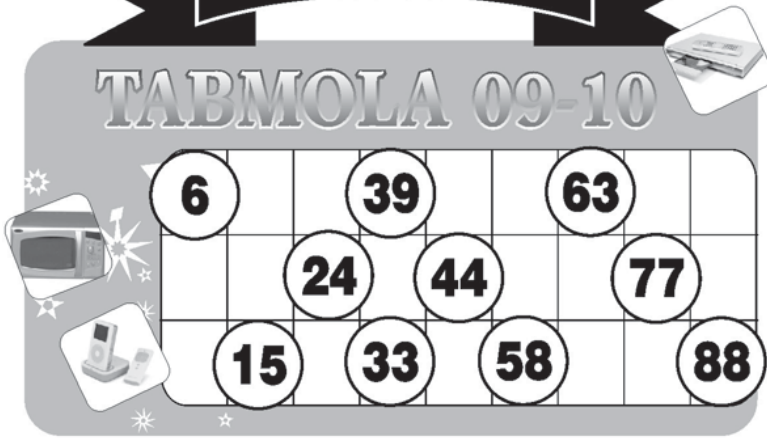
Faculties :

Dr. P. G. Paul, Dr. Hafeez Rehman, Dr. Pragnesh Shah, Dr. Fessy Louis, Dr. Ashwath

PACKAGE COST INCLUDES...

- *Accommodation on Twin sharing as above
- *03 Breakfasts, 03 Lunches & 03 Dinners during the stay at the hotel
- *Local Sightseeing of Munnar by AC Coach
- *Boating enjoyment at Backwaters.
- *One Evening Boat Ride in the famous Lake in Munnar.
- *Cochin > Munnar > Alleppey > Cochin Transfers by AC Coach

TAMBOLA 09-10



THE PRIZES ARE SPONSORED BY SUN PHARMACEUTICALS

We are starting our traditional "TAMBOLA-HOUSIE" from this month. The tickets will be provided with the bulletin. The chosen numbers will be published from this issue onwards.

Following will be the prizes:

1. GJS 20 Microwave oven
2. DVD player-PHILIPS
3. I POD with wireless remote control.

The prizes will be for full house only.

The winners should contact at AOGS office between 2 to 6 pm. Prizes will be distributed on the Annual day.

Happy Birtyday!

Dr. JIGNESH C. SHAH	03/04
Dr. SANJIVANI R. KOLTE	05/04
Dr. P. SUJATHA	06/04
Dr. KIRTY NAHAR	18/04
Dr. DARSHANA M. SHAH	20/04
Dr. MITA B. PATEL	21/04
Dr. KEYUR M. SHETH	23/04
Dr. URMILA GOENKA	24/04
Dr. SONAL M. DAMANI	25/04
Dr. ZARINA A. SHETHWALA	25/04
Dr. THAKORBHAI R. CHOKSI	25/04
Dr. AMEEP P. KAPADIA	27/04
Dr. FALGUNI DOCTOR	28/04

PNDT Corner

PNDT Act is for our safety and is for saving our daughters of our Nation.

Please take care of following things to save your self from legal consequences & harassment.

1. Fill forms for all obstetric sonography you perform.
2. Please fill the forms completely & properly.
3. Send your forms of each month to appropriate authority in time. (before 5th of the next month)
4. Please check your expiry date of registration under PNDT act on registration certificate & get renewal of it in time.

IT IS OUR DUTY TO FOLLOW THE ACT RELIGIOUSLY IN IT'S TRUE SPIRIT AND WORDS.

PLEASE STOP THIS CRUELEST EVIL (SEX DETERMINATION & SELECTIVE SEX TERMINATION).....

WHEREVER IT IS PERFORMED, WHENEVER IT IS PERFORMED & BY WHOM SO EVER IT IS PERFORMED.



CONGRATULATIONS!

Dr. Suresh Kothari, for being selected as Best AOGS Member for 2008-09.

Dr. Pravin Patel, for being elected at Board Member of ISGE.

Dr. Atul Munshi, for being elected as President (Elect), IMS 2010

Members are requested to send:

- * Interesting case for Bulletin and for presenting in CME
- * Achievement of AOGS members and their family members.
- * Names of family members, interested in participating in talent evening are requested to contact Dr. Hemant Bhatt, M.: 9825010940 Tentative program is in the month of June 09.

Obitury

Dr. Rujul Patel, Director Mayflower Hospital
Dr. Hitesh Shah, Gynaecologist



PAST PROGRAM REPORT

Role of Gynecologist as Preventive Oncologist

12.5% of all deaths are caused by cancer. It is more than the percentage of deaths caused by HIV/AIDS, tuberculosis, and malaria put together. It will be no.1 killer by 2010 in the world. Common gynecological cancers are cervical, ovarian, endometrial, vulval and gestational trophoblastic tumors.

Cervical cancer incidence is 27 / 100,000 women. 27% of worldwide incidence is in India. HPV infection accounts for 99% of all cervical cancers. Commonest high risk (oncogenic) HPV are 16,18 and low risk are 6,11 strains of HPV. For prevention of cancer cervix, the gynecologists can play vital role and are expected to do PAP smear of all patients. Recently introduced VIA and VILI (Visual inspection after Acetic acid or Lugol Iodine) are very easy, affordable, single visit, result oriented tests, requiring minimal infrastructure and are best suited for low economic areas .

HPV vaccine is available for prevention of cervical cancers. Quadrivalent (MSD) and Bivalent (Glaxo-Smithkline) types are recommended to be given to girls of 9-11 years of age with 3 doses at 0,2 and 6 months. It prevents 70-80 % of cervical cancers in addition to genital warts (quadri-valent). For early detection of cervical cancer one should do per speculum examination of cervix and followed by biopsy from any suspicious area. Precancerous lesions after proper exclusion of invasion could be treated with destructive or excisional procedures using cryotherapy, LEEP, electric cautery, CO2 laser or cold knife, or simple hysterectomy.

Carcinoma ovary presents silently with >90 % cases in advanced stages. It has high fatality ratio. Symptoms are nonspecific, mostly related to GI disturbances. It does not have precancerous stage like cancer cervix, thus to improve prognosis one aims to detect them in preclinical or early stages. Young women of >25 yrs age with familial ovarian syndrome are to be screened twice yearly for ovarian and breast cancer by sonography and mammography .These young girls should be advised oral contraceptives till family is completed and surgical salpingo-oophorectomy after completion of family. In post menopausal patients with adnexal mass serum CA-125 level is recommended. One can calculate

Risk of Malignancy Index (RMI), by scores of Years of menopause, Ultrasound score and CA-125 level. Cut off value for RMI is 200.

Carcinoma endometrium is the third commonest gynecological malignancy. Most patients are post menopausal. In all patients of perimenopausal or postmenopausal bleeding /discharge, fractional curettage should be performed prior to undertaking hysterectomy.

Gestational trophoblastic tumors are completely curable malignancies. While carcinoma vagina and vulva are uncommon. AOGS is thankful to team of GCRE, Dr. Pankaj Shah, Dr. Kalpanaben Dave, Dr. Mita Mankad, Dr. Pariseema Dave.

For enrollment for Early Cancer Detection Program kindly contact

AOGS Oncology Committee

Dr. Mukesh Bavishi (M. 9898926262) or AOGS office on 079-2658 6426 between 2 and 6 pm.

ANNUAL DAY PROGRAM

1. Golden Jubilee Oration by Prof. Dr. V. P. Singhal on 'Introducing Gynec Plastic Surgeries & Lifetime Experience of Vaginoplasty and Vulvo Vaginoplasty'.
2. AICOG 2000 Oration by Prof. Dr. Dilip Mavlankar on 'Public Private Partnership in Maternal Health: Issues, Challenges and Future scope'.
3. Factor VII in PPH and Obstetric Bleeding by Dr. Seema Bhatwadekar
4. Thyroid and Pregnancy by Dr. Tiven Marwah

Installation of the new 09-10 Team was very aptly done by the Chief Guest and former vice president of FOGSI Dr. Deepak Dave from Mumbai. The new team was blessed by Dr. Mrs. K. S. Parikh, Ex HOD, Ob-Gyn civil Hospital, Ahmedabad.

The Installation ceremony was followed by a very enjoyable musical program by Dr. Falguni Doctor, our own AOGS member.

The New President Dr. Pragnesh Shah thanked the Past AOGS team and immediate Past President Dr. Parul Kotdawala for his successful year.

Committee Reports

AOGS Research Committee : Dr. Haresh Doshi

Every Gynecologist must develop his/her attitude for medical research.

AOGS IS GOING TO PLAN THE NATIONAL CONFERENCE ON MEDICAL RESEARCH THIS YEAR.

Every AOGS member is requested to associate him/her self for this mission.

"The Journal of Obstetrics & Gynecology of India is our official National Journal of FOGSI.

Our journal will be indexed in Index Medicus very shortly.

1. Publications in any journal enriches your biodata.
2. Publishing papers in indexed journal has value for appearing in academic posts.
3. Also to have >3 publications is requirement for getting MICOG & FICOG.

AOGS members have very few publications up till now.

Every AOGS member must send his/her work for publication in FOGSI journal.

Only thing is that it requires some time, little guidance and an attitude.



Accreditation Committee: Dr. Atul Munshi

M.D., DGO, FICOG

Prof. of Ob/Gyn, NHL Municipal Medical College.

Millennium Fellow, ICOG 2000.

Gov. Council Member, ICOG, for the last 3 terms of 3 years.

Sr. Vice President, FOGSI, 2007,

President (Elect), IMS 2010

Accreditation is going to be the essential requirement in our medical practice. Our knowledge, skill & our facility (Hospital) needs to be accredited by academic wing of FOGSI, also called as ICOG - a Short Introduction.

The Indian College of Obstetricians & Gynecologists was established on 21st December 1984 as the Academic Wing of FOGSI at Durgapur on the occasion of the 28th All India Obstetric & Gynaecological Conference.

- * The aims and objects of establishing the College are to promote education, training, research and spread of knowledge in the field of Obstetrics & Gynecology and will advise Fellows to actively associate and cooperate with Central and State Government Health authorities and corporate bodies in implementing all national programmes:
- * Developing Good Clinical Practice Guidelines for FOGSI members on various Ob/Gyn topics.
- * Accreditation of Nursing Homes.
- * Developing Eclampsia Registry & Maternal Mortality Records.
- * Interactive Website gives up-to-date data.
www.icogonline.org
- * Offering Scholarship for visit to National & International Centers of excellence.

An Earnest request to all our FOGSI fellows to become a member of ICOG - a prestigious academic wing of FOGSI.



FOGSI Practical Obstetrics Committee: Dr. Alpesh Gandhi

- * Theme "SAVE LIVES" (by safe pregnancy & safe delivery- FOGSI theme)
- * Objective : Interesting & informative modules of CMEs/ Workshops like "Operative Obstetric & Skills", "Obstetric Emergencies", " Exclusive live workshop on LSCS", "Exclusive workshop on PPH", and " Critical care in Obstetrics & Obstetric I.C.C.U."
- * Dream project is "HANDS ON TRAINING ON STEPWISE DEVASCULARIZATION" as it is useful & helpful procedure in certain life saving situations of PPH.
- * Participation of AOGS members : We have prepared a questionnaire form on few basic things which we will be circulating to all of you to have our own Indian data,. I request you to fill this form. Request for your support, encouragement and active involvement in the Committee's activities.



Infertility Committee of FOGSI activities:

FOGSI Infertility Committee Chairperson: **Dr. Manish Banker**

Committee Member: **Dr. Manish Shah**

1. Playing an active role in formulation of ART guidelines by the Govt. of India, as a member of the draft committee for the ART bill of India, ICMR.
2. Carry out activities related to low cost IVF in association with WHO, Low Cost IVF Foundation and ESHRE as an active member of the group.
3. Carry out 1/2 - 1 day symposia on Ovulation Induction, PCOS and IUI at different FOGSI societies.



FOGSI Endoscopy Committee Activities:

Chairperson: **Dr. Pragnesh Shah**

Committee Members: **Dr. Sujal Munshi & Dr. Devang Kanuga**

Aim: ENDOSCOPY IS THE FUTURE OF GYNECOLOGICAL PRACTICE & EVERY GYNECOLOGIST MUST LEARN IT ADEQUATELY TO PREVENT COMPLICATIONS.

Objective: Every Gynecologist should start doing Laparoscopy & Hysteroscopy in India.

Humble request to all AOGS members to fill up the form sent along with the AOGS News Bulletin & send your feedback to AOGS office to plan the work of FOGSI Endoscopy Committee for next few years systematically.

Activities:

Hysteroscopy CME / Workshop

Designing standard practice guidelines for various Gyn conditions like Fibroid, Endometriosis, Infertility, B.O.H. etc.

Developing accreditation guidelines for level 1/2/3 Laparoscopic and Hysteroscopic surgeries.



AOGS Medico legal Committee

Dr. Geetendra Sharma



Dear AOGS Members,

We are planning to develop a Medicolegal case Registry at our AOGS level.

We are in the process of making a form for the same. It will be circulated with next bulletin. Kindly fill the form and send it to the AOGS office. The purpose of the same is to gather records regarding which types of medicolegal problems are routinely faced by our colleagues and how they deal with it.

Are they satisfied in the way their case is represented by their advocates and the ultimate result they get from the judiciary. We also want to know what our members expect from the AOGS society to do for them.

TIPS UNDER MTP ACT

Registration of Place:

- * MTPs can only be conducted in places that have been approved under the Act.
- * Application for approval of a place should be made in Form-A and must be addressed to the CDMO of the District.
- * The committee after recommendation of CDMO approve the place and grant a certificate of approval in Form-B.
- * Certificate of approval - Form-B is to be displayed at conspicuous place in the premises.
- * Co-operate during monitoring or inspection with the Authorities.

Requirements for obtaining MTP.

1. Indications
2. Woman's consent
3. RMP(s) opinion.

Record Keeping

Records have to be maintained for all MTP procedures conducted by the unit.

- * Form-I- To record the opinion of the RMP conducting the MTP procedure.
- * Form-C- To record consent of the woman undergoing the MTP procedure. Consent of only the woman has to be obtained prior to conducting the MTP procedure. Spousal consent is not required. However in case of minor and mentally ill women, the consent of the guardian will have to be obtained.

- * Form-III- Is The Admission register for recording details of the MTPs conducted. Such register is to be kept for a period of FIVE years from the year it relates to.

The entries in the admission register are to be made serially, with a fresh serial no. to be started at the commencement of a new year from 1st January. Serial number of a particular year will be distinguished from the serial number of other years by mentioning the year against the serial number.

Admission register is a secret document and the informations contained therein is to be strictly confidential. It is to be kept in the custody of the head of the hospital or the owner of the Approved Place and is not open to inspection except under some special circumstances, such as -

- (a) Woman applying for a certificate for obtaining leave.

(b) Under authority of Law.

No entries pertaining to the name of the pregnant woman can be made in Case-sheets, Operation theatre register, Follow-up card or any other document or register other than the Admission Register and all such references to the pregnant woman in such places other than the Admission Register is to be made by the Serial number assigned to the woman, and not by her name, in the Admission Register.

- * Form-II- All forms are to be kept in the custody of the owner of the unit and a monthly statement of all the MTP cases have to be sent to the CDMO in form - II.

Custody of forms and reporting

The following documents are to be kept in a sealed envelope within three hours of doing MTP by the RMP who perform the MTP and kept in safe custody till the envelope is sent to the head of the hospital or the owner of the approved place or the CDMO of the State:-

1. Consent given by a pregnant woman for the MTP i.e. Form-C,
2. Certified opinion of the RMP(s) i.e. Form-I and - Intimation of the MTP - (every month)
- Envelope should be marked "SECRET" should contain Serial number assigned to the pregnant woman in the Admission Register Name of the RMP(s) by whom pregnancy was terminated.

Envelope
Specimen
to be sealed

S E C R E T
Serial No.
Name of the RMP

Reporting and record maintenance in situation of Emergencies

The address of the Approved Place or hospital and Date of termination of the pregnancy. Strict confidentiality has to be maintained for all records maintained under this Law.

In the case of an MTP performed under section 5 of the Act, i.e., those necessary immediately to save the life of the woman, the columns pertaining to

- * The hospital or the approved place and
- * The serial number assigned to the pregnant woman, is to be left blank in form I

In such a case, the following details should be noted on the envelope marked "SECRET".

- * The name and address of the RMP by whom the MTP was carried out, and
- * Date on which it was carried out

If pregnancy is not terminated in an approved place or hospital, every envelope should be sent by registered post to the CDMO of the state on the same day on which the pregnancy was terminated or on the next working day following day on which the pregnancy was terminated.

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References -

1. Contraception. 2008;77(4):249-56
2. Obstet Gynecol. 2005;106(3):492-501
3. Contraception. 2004 Sep;70(3):191-8

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