



AOGS



Celebrates **INTERNATIONAL YOG DAY**



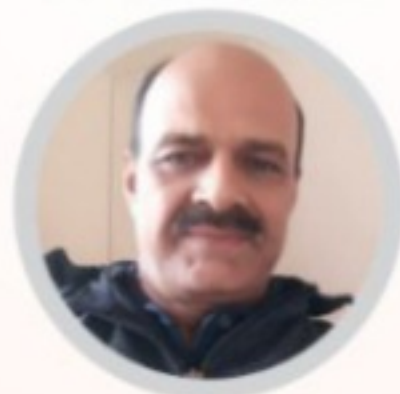
Dr. Rajal Thaker
President - AOGS

Date : 21.6.2020, Sunday
Time : 8 am to 9 am

Welcome Speech by
Dr. Rajal Thaker



Dr. Sunil Shah
Hon. Secretary



Yog Guru : Shri Hemendra Singh Rajput
Yog and Health

Importance of Yog and Health

Demonstration of various YOG Asans

We Can Also Perform Yog together through this webinar

Program Co-Ordinator
Dr. Aarti Gupte Shah

For registration visit :

<http://enlacecode.com/live/index.php/webinar/register/aogs-yog>