

CME 3: NUTRITION & DIET IN PREGNANCY

Program Sponsored By : Torrent Pharma Makers of Shelcal - XT

Date : Sunday, 4th 2017, Venue : Hotel Radisson Blu, Panchvati, Ahmedabad.

Chairperson : Dr. Pradyuman Vaja, Dr. Praful Panagar, Dr. Lalitprabha Gupta

Time	Topic	Speakers
09.30 am to 10.00 am	Break Fast	
10:00 am to 10:20 am	Exercise in Pregnancy	Dr. Jigna Panchal (Physiotherapist-UK)
10:20 am to 10:40 am	Designing a Diet For a Pregnant Woman	Dr. Akhil Mukim M.D (Medicine)
10:40 am to 11:00 am	Role of Calcium during Pregnancy & Lactation	Dr. Janaki Pandya
11:00 am to 11:20 am	Choosing A Right Iron During Pregnancy	Dr. Sushma Shah
11:20 am to 11:40 am	Role Of Vitamin B12 & Folic Acid For Safe Motherhood	Dr. Munjal Pandya
11:40 am to 12:00 pm	Role of Vitamin A,C & D For Supplementation During Pregnancy	Dr. Sujal Munshi
12:00 pm to 12:30 pm	Panel Discussion Topic : On Significance of Trace Elements-a Myth Or Reality Moderator : Dr. Jignesh Shah (Vadaj) Panelists : Dr. Janaki Pandya, Dr. Sushma Shah, Dr. Munjal Pandya, Dr. Nilesh Shah (Sarkhej)	
Prg. Co-Ordinators :	Dr. Hina Shah & Dr. Mahesh Jariwala	